



Money, A Love Story: Untangle Your Financial Woes and Create the Life You Really Want

By Kate Northrup



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Money, A Love Story: Untangle Your Financial Woes and Create the Life You Really Want By Kate Northrup

Having a good relationship with money is tough—whether you have millions in the bank or just a few bucks to your name. Why? Because just like any other relationship, your life with money has its ups and downs, its twists and turns, its breakups and makeups. And just like other relationships, living happily with money really comes down to love—which is why love is the basis of money maven Kate Northrup's book.

After taking the Money Love Quiz to see where on the spectrum your relationship with money stands—somewhere between “on the outs” and “it’s true love!”—Northrup takes you on a rollicking ride to a better understanding of yourself and your money. Step-by-step exercises that address both the emotional and practical aspects of your financial life help you figure out your personal perceptions of money and wealth and how to change them for the better. You’ll learn about thought patterns that may be holding you back from earning what you’re worth or saving what you can. You’ll learn how to chart your current financial life and create a plan to get you to where you want to be—whether that’s earning enough to live in a penthouse in Manhattan or a cabin in the Rockies.

Using client stories and her own saga of moving from \$20,000 of debt to complete financial freedom by the age of 28, Northrup acts as a guide in your quest for personal financial freedom. She’ll teach you how to shift your beliefs about money, create a budget, spend in line with your values, get out of debt, and so much more. In short, she’ll teach you to love your money, so you can love your life.



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Editorial Review

Review

“Stop letting money matters be a source of pain in your life. Read **Money: A Love Story** and allow Kate Northrup to become your new best friend as she guides you, step by step, down the financial freedom trail. Her fresh, creative approach to handling money is sure to leave you feeling empowered and eager to build the wealth you deserve. I loved this book!”

— **Cheryl Richardson**, author of *The Art of Extreme Self-Care* and *Take Time for Your Life*

“**Money: A Love Story** is a real breakthrough book! Combining the ‘inner game’ of money with the ‘outer game,’ Kate Northrup guides you effortlessly, with humor, compassion, and a deep understanding of what it takes to succeed in life. If you’re ready to have a new experience with money and change your financial future, this is the book for you!”

— **Nick Ortner**, *New York Times* best-selling author of *The Tapping Solution*

“This book guided me to fall madly in love with my relationship to money. Kate Northrup helped me become unapologetic about my desire to earn more, give more, and prosper in every area of my life.”

— **Gabrielle Bernstein**, *New York Times* best-selling author of *May Cause Miracles*

“This beautiful book provides the perfect mix of theory and practice. You need your own love story with money, and these pages will lead you to romance.”

— **Chris Guillebeau**, *New York Times* best-selling author of *The \$100 Startup*

“This is the first book about finances (and life!) that I can actually relate to. Refreshingly candid, uplifting, and practical, **Money: A Love Story** addresses what holds us back from healing and thriving both personally and financially. I wish I had this book long ago. I can only imagine how much grief I would have spared myself. But as Kate reminds us, it’s all part of the spiritual journey to freedom and abundance. Thank you, brilliant Kate Northrup. I am deeply in love with the road map you’ve given us all.”

— **Kris Carr**, *New York Times* best-selling author of *Crazy Sexy Kitchen*

“You may know that a healthy relationship with money is essential to attracting abundance and generating financial freedom. What you may not know is that a healthy relationship with your finances is also medicine for a healthy body. With her signature flourish, Kate Northrup teaches us to quit waiting for Prince Charming, take responsibility for our financial well-being, create success on our own terms, lean into feeling-based financial planning, and take actions toward generating revenue without trading hours for dollars. **Money: A Love Story** is just what the doctor ordered for your body, your soul, your business, and your pocketbook.”

— **Lissa Rankin, M.D.**, *New York Times* best-selling author of *Mind Over Medicine: Scientific Proof That You Can Heal Yourself*

“What I love most about this book is that there are several actionable steps along the way to figuring out your relationship with money. Kate Northrup shares her wins and her struggles for you to consider. Dig into a different kind of love story with this one.”

— **Chris Brogan**, CEO of Human Business Works and *New York Times* best-selling co-author of *The Impact Equation*

“In **Money, A Love Story**, Kate Northrup lays out the most irresistible invitation to have a fabulous relationship with your money. Follow Kate’s heart, humor, hope, and homework, and you can have the kind of financial health you deserve.”

— **Alisa Vitti**, CEO of FLOliving.com and best-selling author of *WomanCode*

“Kate Northrup lures us to fall in love, lose the stress, have a lot of fun, and take a big healthy grasp of our money. Become empowered about your relationship to spending, earning, saving, and planning with **Money**:

A Love Story. Warning: Get prepared to be supported with the knowledge and power to live your dream life.”

— **Tara Stiles**, best-selling author of *Yoga Cures* and *Slim Calm Sexy Yoga*, and founder of Strala Yoga
“If I had this kind of freedom-focused guidance when I first got going, I’d have saved myself a lot of suffering . . . and a lot more cash. Kate’s take on money is grounded, fresh, and womanly wise.”

— **Danielle LaPorte**, creator of *The Desire Map* and *The Fire Starter Sessions*

“If you’ve got issues with money—especially if you’ve been avoiding them—you’re going to love **Money: A Love Story**. Kate not only takes you by the hand, but she puts her arm around you reassuringly, removing any shame or guilt you may feel, gently guiding you through the fog with powerful exercises, inspiring stories, and kick-ass advice . . . until, before you know it, you’re financially free, personally empowered, and having a love affair with your money and your life. Her own story is a personal testimony to the power of this work.”

— **Barbara Stanny**, author of *Prince Charming Isn’t Coming*, *Overcoming Underearning*, and *Secrets of Six-Figure Women*

“With her trademark authenticity and wit, Kate Northrup shows you how to enrich your life on every level in **Money: A Love Story**. Reading this gem of a book is an excellent investment of your time. As you turn the pages your shoulders will drop back into place and the quiet but agonizing stress that money can so often create in a life will fall away as you open up to an entirely new way of relating to your finances. You’ll learn the power of what Kate so aptly calls ‘feeling-based financial planning’ to create lasting financial wellness. You will never think about money the same way again, because you will create your own financial love story.”

— **Manisha Thakor**, CEO and founder of MoneyZen Wealth Management

“**Money: A Love Story** is about telling the truth. It’s about daring to be courageous enough to just love ourselves where we are—for richer or poorer and without judgment or shame. This book allows us to define what wealth means to us in our own lives and to know our worth no matter what our current circumstances. There is a transformation waiting for all of us in these pages. Kate Northrup offers the financial and emotional wisdom to guide us from a place of lack to a place of abundance with blazing love, raw honesty, and the riveting clarity she has acquired from her own pilgrimage to financial freedom.”

— **Meggan Watterson**, author of *Reveal: A Sacred Manual for Getting Spiritually Naked*

“**Money: A Love Story** shows us convincingly that money isn’t all about numbers and impersonal charts—it’s also deeply emotional, and personal. Kate’s section on over-giving to exhaustion vs. giving more value sustainably is worth the price of admission alone, and that is just the beginning. Profound, subtle, and fresh thinking on a topic, which should be as dear to our hearts as it is close to our pockets.”

— **Michael Ellsberg**, author of *The Education of Millionaires: Everything You Won’t Learn in College About How to Be Successful*

“Kate is presenting us with an intelligent and fun strategy that will bring more abundance and love into the world . . . embrace it and pass it on.”

— **Colleen Saidman Yee**, yoga teacher and owner of Yoga Shanti

“Finally, a book to place money and finances in their proper perspective. This is not in praise of or to demonize money but to let it be the tool for supporting the joy of living, a truly modern and yogic view of where the puzzle piece of finance fits with the soul.”

— **Rodney Yee**, yoga teacher

“**Money: A Love Story** is a beautiful and insightful guide to finding true prosperity from the inside out.”

— **Marie Forleo**, entrepreneur, MarieForleo.com

“Kate Northrup has written a seminal book on money. Building on the past body of knowledge around consciousness and money, Kate has taken the conversation to a whole new level. Having worked with thousands of people around their relationship to money, I know how disempowered most people are and how much suffering is caused by unexamined beliefs in this area of life. I intend to recommend this book not only to all my students, but also to anyone who has not yet found the relationship they want with money. Beware!

This practical and powerful book will change your life.”

— **Gail Straub**, author and co-founder of the Empowerment Institute

“As an entrepreneur I have had my own very personal journey with money. As someone who works with business owners I watch 99% of my clients struggle with the subconscious relationship that they have with their finances. What I love about Kate’s book is that it takes the fear of talking about money away. In an extremely simple and real way you evaluate your relationship, fears, and desires as they relate to money and actually make a plan to be living in the financial reality that you want for life. Love that!”

— **Carissa Reiniger**, CEO and founder of Silver Lining Ltd.

“**Money: A Love Story** gets right to the core of what money is all about: worth. And even more specifically, self-worth. Read this book and learn to not only be smarter about money and have a more loving relationship with it, but also to have a more loving relationship with yourself.”

— **Amanda Steinberg**, CEO and founder of DailyWorth.com

About the Author

Kate Northrup is a creative entrepreneur, business mentor, speaker, and writer. Through her network marketing business, ongoing seminars, and her 30,000-mile Freedom Tour, she has mentored thousands of people in their quest to create financial freedom. She also hosts her own online talk show, Glimpse TV. Learn more at katenorthrup.com

Users Review

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William Hickman:

Do you considered one of people who can't read pleasant if the sentence chained inside the straightway, hold on guys this specific aren't like that. This Money, A Love Story: Untangle Your Financial Woes and Create the Life You Really Want book is readable by means of you who hate those perfect word style. You will find the details here are arrange for enjoyable studying experience without leaving actually decrease the knowledge that want to offer to you. The writer connected with Money, A Love Story: Untangle Your Financial Woes and Create the Life You Really Want content conveys prospect easily to understand by many individuals. The printed and e-book are not different in the content but it just different available as it. So , do you nonetheless thinking Money, A Love Story: Untangle Your Financial Woes and Create the Life You Really Want is not loveable to be your top record reading book?

Loretta Manson:

People live in this new time of lifestyle always attempt to and must have the free time or they will get lots of stress from both day to day life and work. So , when we ask do people have spare time, we will say absolutely without a doubt. People is human not really a robot. Then we request again, what kind of activity have you got when the spare time coming to an individual of course your answer may unlimited right. Then do you try this one, reading guides. It can be your alternative within spending your spare time, typically the book you have read is definitely Money, A Love Story: Untangle Your Financial Woes and Create the Life You Really Want.

Olga Snider:

This Money, A Love Story: Untangle Your Financial Woes and Create the Life You Really Want is great publication for you because the content and that is full of information for you who also always deal with world and have to make decision every minute. This kind of book reveal it information accurately using great organize word or we can claim no rambling sentences included. So if you are read that hurriedly you can have whole information in it. Doesn't mean it only will give you straight forward sentences but hard core information with beautiful delivering sentences. Having Money, A Love Story: Untangle Your Financial Woes and Create the Life You Really Want in your hand like having the world in your arm, information in it is not ridiculous one. We can say that no guide that offer you world throughout ten or fifteen tiny right but this reserve already do that. So , this really is good reading book. Hi Mr. and Mrs. active do you still doubt that?

Everett Dean:

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