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## Johns Hopkins Diabetes Guide 2012: Treatment and Management of Diabetes (Johns Hopkins Medicine)

*By Christopher D. Saudek, Rita Rastogi Kalyani, Frederick L. Brancati*



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Johns Hopkins Diabetes Guide: Treatment and Management of Diabetes is organized into over 150 topics, written by more than 40 clinicians spanning many different specialties. Expert authors include physicians, pharmacists, podiatrists, dietitians, and nurse educators. This evidence-based, quick-reference guide is easy to navigate and provides essential diabetes information that is difficult to find in other reference books. Topics are categorized into sections: Overview, Management, Complications and Comorbidities, Medications, and Clinical Tests. An expert commentary section provides a unique insight into how diabetes can be effectively treated and managed in clinical practice. Selected topics include • New glucose-lowering therapies • Cardiovascular disease screening • Depression and diabetes • Bariatric surgery • Complementary & alternative medicines • Insulin pump management • Continuous glucose monitoring systems • Gender-specific complications • Social and legal issues • Education and nutrition • Historical studies in diabetes care and more



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## **Editorial Review**

### **Review**

"Several excellent chapters provide sufficient reasons to recommend this book to anyone engaged in the care of patients with diabetes." **-Journal of the American Medical Association**

This book compares favorably with other publications outlining approaches to diabetes management. It provides updated information to the 2009 edition of Therapy for Diabetes Mellitus and Related Disorders, edited by Harold Lebovitz, [American Diabetes Association] and it complements the American Diabetes Association standards of care." **-Journal of the American Medical Association**

"...Clinicians will likely find the Johns Hopkins Diabetes Guide a useful reference for guiding their care of patients with diabetes. The text also will be useful for medical students, residents, and fellows about the comprehensive multidisciplinary individualized approach required for the successful management of persons with diabetes." **-Journal of the American Medical Association**

### **About the Author**

**Christopher D. Saudek**, M.D. is a Professor of Medicine for the Division of Endocrinology and Metabolism at The Johns Hopkins University School of Medicine (in memoriam).

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**Frederick L. Brancati**, M.D., M.H.S. is a Professor of Medicine and Epidemiology Director for the Division of General Internal Medicine at The Johns Hopkins University School of Medicine.

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