



# **Dynamic Physical Education for Elementary** School Children, Books a la Carte Plus **Curriculum: Lesson Plans for Implementation** (17th Edition)

By Robert P. Pangrazi, Aaron Beighle



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Books a la Carte are unbound, three-hole-punch versions of the textbook. This lower cost option is easy to transport and comes with same access code or media that would be packaged with the bound book.

Used by over a half-million students, the best-selling **Dynamic Physical** Education for Elementary School Children offers the next generation of physical education teachers the best guide in step-by-step techniques for teaching physical education. This book covers everything from games and activities suitable for every developmental level to teaching strategies and guidelines for common classroom situations.

Whether instructors are starting a new program, restructuring an established one, or working with a team in an existing system, Dynamic Physical Education for Elementary School Children provides the best combination of theoretical framework and hands-on activities available. The Seventeenth Edition underscores the importance of lesson plans provided in the accompanying Curriculum Guide by calling them out in the book and including them with the main book at no additional charge, offering the best value to students forrunning a successful PE class from Day 1. Dynamic Physical Education for **Elementary School Children** provides solid suggestions for incorporating physical education elements into classroom spaces, highlights the importance of teaching toward every student, emphasizes the tie between academics and PE, and underscores the importance of lifetime physical activity.

## This package contains:

- Books a la Carte for Dynamic Physical Education for Elementary School Children, Seventeenth Edition
- Curriculum: Lesson Plans for Implementation

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• Sales Rank: #3711669 in Books • Published on: 2012-01-22 • Original language: English

• Number of items: 1

• Dimensions: 10.90" h x 1.50" w x 8.50" l, 4.65 pounds

• Binding: Paperback

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#### **Editorial Review**

About the Author

Robert P. Pangrazi is a professor in the Department of Kinesiology at Arizona State University. Professionally, he has served as an elementary teacher, a university teacher and researcher and as a university administrator. Pangrazi is an Honor Fellow of the AAHPERD and a Fellow in the American Academy of Kinesiology and Physical Education and the North American Society. He was honored by NASPE with the Margie Hanson Distinguished Service. Pangrazi has also authored "Dynamic Physical Education for Secondary School Children," now in its 5th edition (Benjamin Cummings, 2006) with Paul W. Darst. He has written 43 other textbooks, served as editor of three professional journals, produced five professional 16mm films, a series of educational videotapes, and two fitness-related videos for national television and authored more than 85 research/journal articles. Robert Pangrazi has been the keynote speaker for 32 state and district conventions, delivered three international presentations and presented approximately 200 speeches at the local, state, and national level. Pangrazi's research focuses on promoting physical activity for youth.

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