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The Mind: Its Projections and Multiple Facets

By Yogi Bhan, Gurucharan Singh Khalsa



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A fascinating look into our human nature through the eyes of Yogi Bhan, Master of Kundalini Yoga. It details the interplay of the positive, negative, and neutral parts of our mind with our nine aspects and twenty-seven projections. Yogi Bhan's lectures provide a practical approach to the Science of Humanology, and encourage you to meditate to enlist your mind as your friend and servant rather than your master.

The meditations apply to the various aspects we embody, such as Defender, Manager, Artist, Producer, Strategist, Teacher. You can select from 42 meditations, including: Creating Art by Projecting into the Future; Pursuing the Cycle of Success; Deep Memory of a Past Projection; Interpretations of All Facets of Life; Pursuing the Cycle of Artistic Attributes; and Creating Art by Environmental Effects.

Yogi Bhan, Ph.D. with Gurucharan Singh Khalsa, Ph.D.



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