



# Hardship and Happiness (The Complete Works of Lucius Annaeus Seneca)

By *Lucius Annaeus Seneca*



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*Hardship and Happiness* collects a range of essays intended to instruct, from consolations—works that offer comfort to someone who has suffered a personal loss—to pieces on how to achieve happiness or tranquility in the face of a difficult world. Expertly translated, the essays will be read and used by undergraduate philosophy students and experienced scholars alike.



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**Bibliography**

- Sales Rank: #192066 in Books
- Brand: University of Chicago Press
- Published on: 2014-03-05
- Original language: English
- Number of items: 1
- Dimensions: 8.50" h x 1.20" w x 5.50" l, 1.15 pounds
- Binding: Hardcover
- 352 pages

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“[The Complete Works of Lucius Annaeus Seneca] brings together many preeminent anglophone scholars of Seneca as editors and translators and succeeds in its aim to reach a wider audience through readable, modern English translations. . . . The overall high quality of the translations and notes make this volume (and its respective series) highly desirable for scholars and libraries alike.”

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#### About the Author

**Elaine Fantham** was the Giger Professor of Latin at Princeton University from 1986 to 1999. She has written many books and commentaries on Latin literature, including Seneca’s *Troades*. **Harry M. Hine** is professor emeritus in the School of Classics at the University of St Andrews in Scotland and the translator of Seneca’s *Natural Questions*, also in the series. **James Ker** is associate professor of classical studies at the University of Pennsylvania and the editor of *A Seneca Reader: Selections from Prose and Tragedy*. **Gareth D. Williams** is the Violin Family Professor of Classics at Columbia University and the author of many books, including *The Cosmic Viewpoint: A Study of Seneca’s “Natural Questions.”*

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