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# The Happy Palmist: My Joyful Adventure in Vedic Palmistry

By Guylaine Vallee



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**The Happy Palmist: My Joyful Adventure in Vedic Palmistry** By Guylaine Vallee

*The Happy Palmist* is an inspiring true story about how Guylaine Vallée became a much-loved and respected fixture on Quebec television and radio, helping people achieve their dreams.

From meeting motivational speaker and author Wayne Dyer, visiting Mother Teresa and traveling to Varanasi, India, to reading the palm of pop superstar Ricky Martin to an inner journey seeking self-knowledge through Kriya Yoga, Guylaine Vallée never rests on her quest.

How does a small-town girl from Quebec defy convention and become a Vedic palmist to the stars? Guylaine Vallée's debut autobiography, *The Happy Palmist*, charts her tumultuous journey from unhappy teen to fulfilled healer and wellness consultant.

New York Times best-selling author Steve Erwin (*Left to Tell*) helped Vallée craft her story, drawing out the rich details of heartache and elation that fills this chronicle of loneliness, hope and redemption.



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### Editorial Review

#### Review

"An entertaining and informative read about a fascinating woman with a burning passion to master an ancient science and help others. *The Happy Palmist* altered my preconceptions of Palmistry and opened up a world of healing I didn't know existed. I will never look at my hands in the same way!"

--Natasha Stoyneff, New York Times Best-selling Author of *Chicken Soup for the Soul: Hope and Miracles*

"The book you hold in your hands is a treasure--a heartfelt and inspiring tale of one woman's spiritual journey that shines a revealing light on the ancient roots of Palmistry. After reading Guylaine's story we have no doubt that our goals and dreams are within our grasp and that a key component to unlocking our happiness rests in the palm of our hands...!"

--Helene Dorion, Author of *Recommencements*, Officer of the Order of Canada and Knight of the National Order of Quebec

#### From the Back Cover

Ghanshyam placed the paper with my handprints on the desk, next to my astrological chart that he'd drawn up before my arrival. I'd been unaware that Astrology was related to Palmistry, but I learned they are twin sciences and that *Hast Jyotish* is a phrase combining two Sanskrit words--*Hast*, meaning hand, and *Jyotish*, meaning light. So *Hast Jyotish* described the light from our planets being reflected in our hands.

After studying my chart and making all sorts of notes and scribbles on my prints with various coloured pens, Ghanshyam looked up at me; his brown eyes shone with such intensity, I felt he was staring into my soul.

"Let's begin, shall we?" His voice had the tone of a compassionate doctor who'd examined a patient's x-rays and had both good and bad news to deliver.

"You are on a mission to find God and you have been on this quest for a long time," he said, "but you haven't made a spiritual connection. You're miserable because you are stuck in one place and have no direction, which has made you feel lost and alone. You can't decide what to do, and that has left you without any meaning or purpose in your life. Does that sound right to you?"

I was too overwhelmed to speak. He knew exactly what I'd been feeling for the past decade--as if he had known me my entire life.

--Excerpt from *The Happy Palmist*

#### About the Author

Guylaine Vallée grew up in the small town of Valleyfield, Quebec, and graduated from the television program at Cégep de Jonquière's School of Media Arts and Technology.

She had a successful career as a scriptwriter and film editor in Paris and Montreal, but left the television industry after meeting world-renowned palmist Ghanshyam Singh Birla.

Her life was so transformed by the ancient science of Vedic palmistry that she dedicated her life to its study and practice. In her 30 years as a professional palmist, she has helped thousands of clients improve their lives and has inspired tens of thousands lecturing across North America and through her many radio and television appearances. Guylaine lives and practices palmistry in Montreal and Chénéville, Quebec.

Steve Erwin is a Toronto-born writer and award-winning journalist who has worked in print and broadcast

media for 25 years in Canada and the United States. In New York City, he was a Foreign Correspondent for the Canadian Broadcasting Corporation, reporting on the 9/11 tragedy and its aftermath, and a national news and feature writer for People magazine. He has written seven books, including the New York Times best-selling memoir, *Left to Tell: Discovering God Amidst the Rwandan Holocaust*, with Immaculée Ilibagiza, which has sold more than a million copies and has been translated into more than 20 languages.

## **Users Review**

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