What's the fuss about ADHD?

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By Dr Brendan Belsham



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Written mainly for parents of children with ADHD, this book explores the controversies surrounding the condition, and presents the relevant science in a way that is accessible and readable. It covers various aspects of the disorder, including its history, diagnosis, causes and treatment. Dr Belsham has drawn on his twelve years of private practice as a child psychiatrist, to address the issues which most concern parents, such as the accuracy of diagnosis and the safety of commonly used medications. In doing so, he provides a balanced account which acknowledges the many ethical complexities at play. But this book is also for the many other professionals involved with ADHD, who are looking for information which is neither oversimplified nor obscured by scientific jargon. Parents and professionals alike will be encouraged to think more deeply about the condition and what it means for our children.

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