



An Uncomplicated Life: A Father's Memoir of His Exceptional Daughter

By Paul Daugherty



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An Uncomplicated Life: A Father's Memoir of His Exceptional Daughter By Paul Daugherty

A father's exhilarating and funny love letter to his daughter with Down syndrome whose vibrant and infectious approach to life has something to teach all of us about how we can better live our own.

Jillian Daugherty was born with Down syndrome. The day they brought her home from the hospital, her parents, Paul and Kerry, were flooded with worry and uncertainty, but also overwhelming love, which they channeled to “the job of building the better Jillian.” While their daughter had special needs, they refused to allow her to grow up needy—“Expect, Don’t Accept” became their mantra. Little did they know how ready Jillian was to meet their challenge.

Paul tells stories from Jillian’s mischievous childhood and moves to her early adulthood, tracing her journey to find happiness and purpose in her adult life, sharing endearing anecdotes as well as stories about her inspiring triumphs. Having graduated from high school and college, Jillian now works to support herself, and has met the love of her life and her husband-to-be, Ryan.

In *An Uncomplicated Life*, the parent learns as much about life from the child as the child does from the parent. Through her unmitigated love for others, her sparkling charisma, and her boundless capacity for joy, Jillian has inspired those around her to live better and more fully. The day Jillian was born, Paul says, was the last bad day. As he lovingly writes, “Jillian is a soul map of our best intentions”—a model of grace, boundless joy, and love for all of us.



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Editorial Review

Review

“Raw, real, touching and poignant--everything a memoir should be.” (Huffington Post)

“An expressive, nostalgic series of memories of living life with a special needs child.” (Kirkus)

“Affecting. ... This feel-good memoir will appeal to all parents of children with special needs.” (Booklist)

From the Back Cover

A father's exhilarating and inspiring love letter to his daughter with Down syndrome, whose vibrant and infectious approach can teach us all how to live a little better

"Jillian was born October 17, 1989. It was the last bad day."

Jillian Daugherty was born with Down syndrome. The day her parents, Paul and Kerry, brought her home from the hospital, they were flooded with worry and uncertainty, but also with overwhelming love, which they channeled to "the job of building the better Jillian." They knew their daughter had special needs, but they refused to have her grow up needy. They were resolved that Jillian's potential would not be limited by preconceptions of who she was or what she could be.

In this charming and often heart-stirring book, Paul tells stories about Jillian making her way through the world of her backyard and neighborhood, going to school in a "normal" classroom, learning to play soccer and ride a bike. As she grows older, he traces her journey to find happiness and purpose in her adult life, including vignettes about her inspiring triumphs and the guardian angels—teachers, neighbors, friends—who believed in Jillian and helped her become the exceptional young woman she is today.

In *An Uncomplicated Life*, the parent learns as much about life from the child as the child does from the parent. Being with Jillian, Paul discovered the importance of every moment and the power of the human spirit—how we are each put here to benefit the other. Through her unmitigated love for others, her sparkling charisma, and her boundless capacity for joy, Jillian has inspired those around her to live better and more fully. As Paul writes, "Jillian is a soul map of our best intentions," a model of grace, happiness, and infectious enthusiasm. She embraces all that she is, all that she has—"I love my life. I just love my life," she says.

In her uncomplicated life, we see the possibility, the hope, and the beauty of our own.

About the Author

Paul Daugherty has been a sports columnist for the *Cincinnati Enquirer* since 1994. He has covered nearly every major American sporting event, as well as five Summer Olympic Games. He is the author of *Fair Game*, a collection of his sports columns, and coauthor of books with Chad Johnson and Johnny Bench. He blogs daily at *The Morning Line* on Cincinnati.com. He lives in Loveland, Ohio, with his wife, Kerry.

Users Review

From reader reviews:

Elizabeth Parker:

This book untitled An Uncomplicated Life: A Father's Memoir of His Exceptional Daughter to be one of several books which best seller in this year, here is because when you read this guide you can get a lot of benefit upon it. You will easily to buy this specific book in the book retail outlet or you can order it by way of online. The publisher of this book sells the e-book too. It makes you quickly to read this book, as you can read this book in your Smart phone. So there is no reason for you to past this guide from your list.

Daniel Grinder:

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Judith Carter:

Reading can called imagination hangout, why? Because when you find yourself reading a book specially book entitled An Uncomplicated Life: A Father's Memoir of His Exceptional Daughter the mind will drift away trough every dimension, wandering in most aspect that maybe unidentified for but surely can be your mind friends. Imaging every single word written in a publication then become one web form conclusion and explanation which maybe you never get before. The An Uncomplicated Life: A Father's Memoir of His Exceptional Daughter giving you yet another experience more than blown away your mind but also giving you useful facts for your better life on this era. So now let us explain to you the relaxing pattern is your body and mind are going to be pleased when you are finished examining it, like winning a. Do you want to try this extraordinary wasting spare time activity?

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