



The Chair: Rethinking Culture, Body, and Design

By Galen Cranz



Download



Read Online

The Chair: Rethinking Culture, Body, and Design By Galen Cranz

 Get Print Book

"Engaged in fascinating and useful multidisciplinary research, Cranz is an avatar for body-friendly design. . . . Read [*The Chair*] and cheer."--Elizabeth Zimmer, *Village Voice*

Perhaps no other object of our daily environment has had the enduring cultural significance of the ever-present chair, unconsciously yet forcefully shaping the physical and social dimensions of our lives. With over ninety illustrations, this book traces the history of the chair as we know it from its crudest beginnings up through the modern office variety. Drawing on anecdotes, literary references, and famous designs, Galen Cranz documents our ongoing love affair with the chair and how its evolution has been governed not by a quest for comfort or practicality, but by the designation of status. Relating much of the modern era's rampant back pain to an increasingly sedentary lifestyle spent in traditional seating, Cranz goes beyond traditional ergonomic theory to formulate new design principles that challenge the way we think and live. A farsighted and innovative approach to our most intimate habitat, this book offers guidelines that will assist readers in choosing a chair-and designing a lifestyle-that truly suits our bodies. Praise for *The Chair*: "[A] concise, multidisciplinary gem."? *Publishers Weekly* "Cranz is no sedentary historian. *The Chair* is a call to action."? Jonathan Levi, *Los Angeles Times* "Galen Cranz has written a provocative book. Pull up a comfortable chair-if you can find one-and read it."? Witold Rybczynski 90 illustrations



[Download The Chair: Rethinking Culture, Body, and Design ...pdf](#)



[Read Online The Chair: Rethinking Culture, Body, and Design ...pdf](#)

The Chair: Rethinking Culture, Body, and Design

By Galen Cranz

The Chair: Rethinking Culture, Body, and Design By Galen Cranz

"Engaged in fascinating and useful multidisciplinary research, Cranz is an avatar for body-friendly design. . . . Read [*The Chair*] and cheer."--Elizabeth Zimmer, *Village Voice*

Perhaps no other object of our daily environment has had the enduring cultural significance of the ever-present chair, unconsciously yet forcefully shaping the physical and social dimensions of our lives. With over ninety illustrations, this book traces the history of the chair as we know it from its crudest beginnings up through the modern office variety. Drawing on anecdotes, literary references, and famous designs, Galen Cranz documents our ongoing love affair with the chair and how its evolution has been governed not by a quest for comfort or practicality, but by the designation of status. Relating much of the modern era's rampant back pain to an increasingly sedentary lifestyle spent in traditional seating, Cranz goes beyond traditional ergonomic theory to formulate new design principles that challenge the way we think and live. A farsighted and innovative approach to our most intimate habitat, this book offers guidelines that will assist readers in choosing a chair-and designing a lifestyle-that truly suits our bodies. Praise for *The Chair*: "[A] concise, multidisciplinary gem." *Publishers Weekly* "Cranz is no sedentary historian. *The Chair* is a call to action." Jonathan Levi, *Los Angeles Times* "Galen Cranz has written a provocative book. Pull up a comfortable chair-if you can find one-and read it." Witold Rybczynski 90 illustrations

The Chair: Rethinking Culture, Body, and Design By Galen Cranz Bibliography

- Sales Rank: #312631 in Books
- Color: Multicolor
- Published on: 2000-01-17
- Released on: 2013-01-23
- Original language: English
- Number of items: 1
- Dimensions: 8.30" h x .90" w x 5.20" l, .95 pounds
- Binding: Paperback
- 288 pages

 [Download The Chair: Rethinking Culture, Body, and Design ...pdf](#)

 [Read Online The Chair: Rethinking Culture, Body, and Design ...pdf](#)

Editorial Review

Review

Cranz is no sedentary historian. The Chair is a call to action. -- *Jonathan Levi, Los Angeles Times*

Galen Cranz has written a provocative book. Pull up a comfortable chair--if you can find one--and read it. -- *Witold Rybczynski*

About the Author

Galen Cranz is professor of architecture at the University of California at Berkeley.

Users Review

From reader reviews:

Benjamin Ward:

What do you consider book? It is just for students since they're still students or that for all people in the world, the particular best subject for that? Merely you can be answered for that concern above. Every person has several personality and hobby per other. Don't to be pressured someone or something that they don't would like do that. You must know how great and important the book The Chair: Rethinking Culture, Body, and Design. All type of book is it possible to see on many solutions. You can look for the internet options or other social media.

Thomas Melendez:

What do you with regards to book? It is not important along with you? Or just adding material when you need something to explain what you problem? How about your time? Or are you busy man? If you don't have spare time to complete others business, it is make you feel bored faster. And you have free time? What did you do? Everybody has many questions above. They need to answer that question due to the fact just their can do that will. It said that about guide. Book is familiar in each person. Yes, it is appropriate. Because start from on kindergarten until university need that The Chair: Rethinking Culture, Body, and Design to read.

Nancy Lowery:

The particular book The Chair: Rethinking Culture, Body, and Design will bring one to the new experience of reading a book. The author style to spell out the idea is very unique. When you try to find new book to read, this book very acceptable to you. The book The Chair: Rethinking Culture, Body, and Design is much recommended to you you just read. You can also get the e-book from official web site, so you can more readily to read the book.

Robert Thompson:

It is possible to spend your free time you just read this book this book. This The Chair: Rethinking Culture, Body, and Design is simple to deliver you can read it in the area, in the beach, train as well as soon. If you did not have got much space to bring often the printed book, you can buy the actual e-book. It is make you quicker to read it. You can save often the book in your smart phone. So there are a lot of benefits that you will get when you buy this book.

Download and Read Online The Chair: Rethinking Culture, Body, and Design By Galen Cranz #AU48HZSVXRC

Read The Chair: Rethinking Culture, Body, and Design By Galen Cranz for online ebook

The Chair: Rethinking Culture, Body, and Design By Galen Cranz Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Chair: Rethinking Culture, Body, and Design By Galen Cranz books to read online.

Online The Chair: Rethinking Culture, Body, and Design By Galen Cranz ebook PDF download

The Chair: Rethinking Culture, Body, and Design By Galen Cranz Doc

The Chair: Rethinking Culture, Body, and Design By Galen Cranz Mobipocket

The Chair: Rethinking Culture, Body, and Design By Galen Cranz EPub