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Sex: A Man's Guide

By Stefan Bechtel, Laurence Roy Stains, The Editors of Men's Health

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* These are things every man should know. But who teaches such things? Not your doctor, not your father, not your best friend and certainly not a magazine filled with naked women. The solution? *Sex: A Man's Guide*, the first comprehensive book about sex written entirely for men, spoken in their own voices, covering what a real man wants to know and not what one expert thinks is good for you.

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Afterplay: Why you should stay awake a little longer after sex/page 189

Positions: Dozens of couplings that can turn lovemaking into a dance/page 251

Harassment: Where to draw the line, professionally and socially/page 456

Aphrodisiacs: How to use chocolate to entice your partner/page 157

One-night stands: Why men are so open to casual sex/page 445

Stress: How to keep the daily grind from hurting your love life/page 385

Bondage: Why it's not as kinky and weird as you might think/page 196

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Sex drive: Why it's natural for men to be sexually hungry/page 60

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