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Surveying the whole of historical record, David Lindholm, a long-time martial arts instructor and University lecturer, presents a practical guide for combat with the quarterstaff. Drawing from the historical record, Mr. Lindholm accompanies his explanations with clear photographs as a guide for the increasingly resurgent art of quarterstaff and stick fighting. This book will interest students of the sword, stick fighters, SCA combatants, LARP gamers, and martial artists of all types. It is a solid contribution to the growing field of Western martial arts.

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Fighting With The Quarterstaff By David Lindholm Bibliography

- Sales Rank: #2994075 in Books
- Published on: 2010-01-01
- Ingredients: Example Ingredients
- Original language: English
- Number of items: 1
- Dimensions: 8.98" h x .47" w x 6.28" l, .95 pounds
- Binding: Paperback
- 260 pages

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Editorial Review

About the Author

David Lindholm has an MA in medieval archaeology and history from the University of Lund and works as a writer and archaeologist. He has been training in European swordsmanship since 1986 and has some experience in Western fencing, iaido and kenjutsu. He is a member of ARMA (the Association for Renaissance Martial Arts) and directs the ARMA study group in Malmo.

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