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The Fundamentals of Psychoanalytic Technique

By R. Horacio Etchegoyen



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A revised and updated edition of this recent classic, including new material on insight and early development, amongst others. Within each subject, the author presents the theories and observations of each major contributor to the particular topic, from Freud to contemporary thinking, and in the process shows the advantages and disadvantages of the various theoretical positions and orientations.



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Editorial Review

Review

'R. Horacio Etchegoyen has written a splendid textbook on psychoanalytic technique- thoughtful, extensive in its coverage, authoritative without being polemical, deep in insights that reflect the author's clinical experience... Both beginners and experienced analysts should find this book of interest and value. The former for its overview and as a guide to original sources, the latter for being introduced to a seasoned analyst's experience and wisdom... Above all, psychoanalytic technique is presented throughout as a scientific inquiry in progress, and the interchange of communication across alternative approaches it proposes is a creative, productive way of stimulating understanding and fostering the effectiveness of our interventions with patients. I believe this book will be recognized as a major milestone in the growing literature on psychoanalytic technique and a major crossroad facilitating the communication and mutual enrichment of alternative schools and approaches.'- Otto F. Kernberg, MD

In the preface, the author writes: "My one aspiration is that this book may help my colleagues to discover in themselves the analysts that they really are." To that end, I think it will surely succeed. It will be of inestimable value to all teachers and students of psychoanalysis, however experienced. There is no other book like it.'- Patrick Casement

[The Fundamentals of Psychoanalytic Technique] is encyclopaedic in its consideration of the various theories of psychoanalytic technique... It is catholic in its inclusiveness, but at the same time, the panorama it presents has been distilled through the author's intelligence so that it has the mark of personal scholarship... These topics are covered in a thoughtful and critical way, with numerous cross-references between them. Etchegoyen is a gentleman; always thoughtful and respectful, he considers each point of view with an impressive even-handedness and objectivity. When he disagrees or criticizes, he is straightforward and direct, never pulling punches or mincing words, but at the same time he manages never to be polemical. For instance, although he has serious criticisms of many of Lacan's ideas, I found his exposition of them to be no less respectful, and more lucid, than any I have read by Lacan's adherents. This alone is worth the price of the book.'- Robert Caper, MD

Language Notes

Text: English (translation)

Original Language: Spanish

About the Author

Wallerstein has been involved in the theory and practice of psychoanalysis for almost half a century. He is Training and Supervising Analyst at the San Francisco Psychoanalytic Institute.

Users Review

From reader reviews:

Katie Phillips:

Typically the book The Fundamentals of Psychoanalytic Technique has a lot info on it. So when you read this book you can get a lot of help. The book was authored by the very famous author. The writer makes some research prior to write this book. This specific book very easy to read you may get the point easily after looking over this book.

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