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# Clinical Rounds in Endocrinology: Volume I - Adult Endocrinology

*By Anil Bhansali, Yashpal Gogate*



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This book covers interesting and yet often challenging cases among adult patients in a unique Question-Answer format. Simulating the bed-side case discussions during the ward rounds, one question logically leads to another question thereby generating curiosity and promoting evidence-based medicine. Taking the readers through the entire spectrum starting from etiology and pathophysiology to clinical presentation to management principles, each question addresses one key aspect of the disorder. Described in a very simple and lucid narrative, this book ensures sound conceptual understanding while covering each topic comprehensively. This volume covers important topics such as acromegaly, Cushing syndrome, osteoporosis, hypercalcemia, pheochromocytoma, hyperaldosteronism, thyroid disorders and diabetes in adult patients. These cases are not only seen by endocrinologists, but are also managed by internists, orthopedic surgeons, obstetricians and gynecologists. Less common disorders such as adrenal disorders and androgen excess have also been covered.



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### **From the Back Cover**

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### **About the Author**

#### **Dr. Anil Bhansali**

Dr. Anil Bhansali pursued his DM in endocrinology in 1989 from Postgraduate Institute of Medical Research (PGIMER), Chandigarh and is currently the Professor and Head of the department at the same institute. His areas of interest include adrenals, gonads and type 2 diabetes mellitus. He is actively involved in research and clinical activities and has more than about 300 publications in various national and international journals. He also is the author of many chapters in various textbooks. He is the recipient of Prof. M.N. Sen ICMR award, Prof. M. Vishwanathan award and Prof. Shurvir Singh award among others. He is also the consulting editor to the Indian Journal of Endocrinology and Metabolism and past president of Endocrine Society of India. Presently, he is actively involved in stem cell research and in establishing a state of art diabetic foot laboratory and facilities for clamp studies.

#### **Dr.Yashpal Gogate**

Dr.Yashpal Gogate completed his DM in Endocrinology from the Postgraduate Institute of Medical Research (PGIMER), Chandigarh. Currently, he is working as Assistant Professor at Dr Vasantrao Pawar Medical College, Nasik and is also a Consultant Endocrinologist at Harmony Health Hub, Nasik. He has a passion in teaching graduate and postgraduate medical students. He has been the recipient of Jal Mehta Award in Community Medicine. His areas of interest include diabetes, thyroid disorders and polycystic ovarian disease.

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