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Connecting Through "Yes!": How to Agree When You Don't Agree to Get Cooperation and Closeness in Your Marriage

By Jack Ito Ph.D.



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This book shows how to use agreement to transform the biggest areas of marital conflict into closeness, cooperation, and mutually desirable outcomes. Licensed psychologist, marriage, and relationship coach Jack Ito PhD illustrates with clear, easy to follow examples, how to communicate about the biggest problems that couples face.

These are the same techniques his coaching clients use to stop divorces, end affairs, deal with addicted spouses, solve problems, end blaming, improve dating, handle money issues, parent cooperatively, get out of debt, and more.

This book is unique in offering communication training to couples when one spouse (or significant other) is not ready or willing to work on the relationship.



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Editorial Review

About the Author

Marriage and relationship coach Jack Ito PhD is a licensed psychologist and the author of two books: "What to Do When He Won't Change," and "Connecting Through 'Yes!'" He coaches men, women and couples in how to improve and save their relationships. Internationally recognized, he has clients from many countries across the globe. Coach Jack's popularity comes from his combination of loving and strong methods and his belief that pro-relationship skills, not divorce, are the answer to "irreconcilable differences."

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