

I Love What I Do!: A Drummer's Philosophy of Life at Eighty

By Sam Ulano



Download



Read Online

I Love What I Do!: A Drummer's Philosophy of Life at Eighty By Sam Ulano



Get Print Book

At eighty years “young,” noted musician and self-proclaimed “drumchiatrist” Sam Ulano wrote this exuberant book about his system of living life to its fullest (regardless of age). In it, he shares his personal philosophies and experiences for staying healthy, becoming educated, and making a living, while always being mindful of the joys in everyday life. Honest, friendly, and filled with humor, *I Love What I Do!* offers pearls of wisdom for anyone who wishes to remain vital and productive--at any age.



[Download I Love What I Do!: A Drummer's Philosophy of ...pdf](#)



[Read Online I Love What I Do!: A Drummer's Philosophy o ...pdf](#)

I Love What I Do!: A Drummer's Philosophy of Life at Eighty

By Sam Ulano


I Love What I Do!: A Drummer's Philosophy of Life at Eighty By Sam Ulano

At eighty years “young,” noted musician and self-proclaimed “drumchiatrist” Sam Ulano wrote this exuberant book about his system of living life to its fullest (regardless of age). In it, he shares his personal philosophies and experiences for staying healthy, becoming educated, and making a living, while always being mindful of the joys in everyday life. Honest, friendly, and filled with humor, *I Love What I Do!* offers pearls of wisdom for anyone who wishes to remain vital and productive--at any age.

I Love What I Do!: A Drummer's Philosophy of Life at Eighty By Sam Ulano Bibliography

- Sales Rank: #3678494 in Books
- Brand: Brand: Square One Publishers
- Published on: 2007-01-15
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x .65" w x 6.00" l, .68 pounds
- Binding: Paperback
- 176 pages

 [Download I Love What I Do!: A Drummer's Philosophy of ...pdf](#)

 [Read Online I Love What I Do!: A Drummer's Philosophy o ...pdf](#)

Download and Read Free Online I Love What I Do!: A Drummer's Philosophy of Life at Eighty By Sam Ulano

Editorial Review

From the Publisher

There is only one book like I Love What I Do! because there is only one Sam Ulano! This book represents the most enjoyable publishing experience I have had to date!

From the Author

Sam Ulano's Approach to Getting Better and Reaching Goals

At the age of 80, I've finally decided to put on paper my concepts for living. This is something I've always wanted to do. Recently it came to me how I would do this: I would simply start writing and hope that, in the end, some of the knowledge I've gained in eight decades is of some value to you reading it.

All my life I've been a drummer, both student and educator. I somehow always had the ability to teach others. I also had the talent to demonstrate and explain to my students why and how the study material I developed could benefit them. This must have worked because so many people I taught are still playing and are in the music profession, where drum study was essential to them.

The following ideas are what I have found to have worked for me. I like to think of them as my ideas for living. I pass them on to you so you might make use of these concepts and have the use of my past experience. This doesn't mean that they will work for you. But they might provide some direction that can help you. Although most of these concepts have been written about by others, maybe I can give you another slant on things.

With the possible exception of the first chapter on developing a system, this book doesn't have to be read straight-through. Instead, see which topics are relevant to you and check out my experience with them. You never know when some outside mind may give you a new approach to how you can better yourself. Above all, keep in mind that this is a book about music—about life—as I see it from eight decades.

Study these ideas for living and try to apply them. If they work for you, then I'm glad to have helped. If they don't, then keep searching and looking for what works for you. The key is to never stop learning!

Yours for a better life and more fun in living your life, I remain,

Sam Ulano, the Drumchiatrist

From the Inside Flap

Sam -you've done it! ...Inspiring and necessary.

-John Diamond, M.D., The Way of the Pulse: Drumming With Spirit

Sam's philosophy...core basics.

-Andy Zildjian, Sabian Cymbal Makers Keep swingin' Sam!

-Russ Moy, Drummer, Educator and Clinician A man dedicated to his art.

-Mike Farriss, Director of Artistic Relations, Pearl Corp. An extraordinary musician who...lives his philosophy.

-Leonard Gaskin, Bassist

A positive philosophy for each swinging day.

-Al Warner, Ph.D., Musician & Counselor What they should really teach in schools.

-Paul Cavaciuti, Music For Health Practitioner, Former Head of PIT A miraculous human being with a sense of humor.

-“Artie” Scher Congratulations, Sam...Glad we’re friends.

-Ed Shaugnessy, Six-time winner “Best Big Band Drummer” A treasure for everyone!

-Allan S. Colin, President, Charles Colin Publications A consummate professional, both on and off the bandshell.

-Ed Polcer I highly recommend Sam’s book!

-Stephen Stone, Mainline Drumsticks

His philosophy works.

-Michael Greenberg, CSW, ACSW Truly inspiring.

-Stephen Korbel, Corporate Executive and Musician I think and swing, therefore I am.

-David A. Shapiro, M.D., Associate Professor of Psychiatry

My personal drumchiatrist.

-Eugene M. Kornhaber, P.C. The power of positive music.

-Phil Schapp, WKCR-FM A wonderful expression.

-Thomas Olin, “Cats-Titanic”, Illinois Jacquet's Big Band

A wholesome and positive direction.

-Bill Rotella, Rotella Drum Studio Sam has helped me tremendously.

-Dick Brady, Numerous bands, including Glen Miller's and Kay Kyser’s This book is a must read.

-Gene Jackson, Herbie Hancock’s Band

Users Review

From reader reviews:

Kevin Buckley:

Have you spare time for the day? What do you do when you have far more or little spare time? Yep, you can choose the suitable activity for spend your time. Any person spent their very own spare time to take a go walking, shopping, or went to often the Mall. How about open or maybe read a book titled I Love What I Do!: A Drummer's Philosophy of Life at Eighty? Maybe it is to be best activity for you. You recognize beside you can spend your time using your favorite's book, you can better than before. Do you agree with the opinion or you have some other opinion?

Raymond Levine:

As people who live in the modest era should be upgrade about what going on or data even knowledge to make these individuals keep up with the era which is always change and move ahead. Some of you maybe can update themselves by reading through books. It is a good choice in your case but the problems coming to you actually is you don't know what one you should start with. This I Love What I Do!: A Drummer's Philosophy of Life at Eighty is our recommendation to make you keep up with the world. Why, because book serves what you want and wish in this era.

Allison Walters:

It is possible to spend your free time to study this book this e-book. This I Love What I Do!: A Drummer's Philosophy of Life at Eighty is simple to bring you can read it in the playground, in the beach, train as well as soon. If you did not possess much space to bring the printed book, you can buy typically the e-book. It is make you much easier to read it. You can save the book in your smart phone. Thus there are a lot of benefits that you will get when one buys this book.

Lois Wiggins:

That reserve can make you to feel relax. That book I Love What I Do!: A Drummer's Philosophy of Life at Eighty was colorful and of course has pictures on the website. As we know that book I Love What I Do!: A Drummer's Philosophy of Life at Eighty has many kinds or type. Start from kids until youngsters. For example Naruto or Private eye Conan you can read and believe that you are the character on there. Therefore , not at all of book are generally make you bored, any it makes you feel happy, fun and rest. Try to choose the best book for you and try to like reading that.

**Download and Read Online I Love What I Do!: A Drummer's
Philosophy of Life at Eighty By Sam Ulano #1SERTK0DQY8**

Read I Love What I Do!: A Drummer's Philosophy of Life at Eighty By Sam Ulano for online ebook

I Love What I Do!: A Drummer's Philosophy of Life at Eighty By Sam Ulano Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read I Love What I Do!: A Drummer's Philosophy of Life at Eighty By Sam Ulano books to read online.

Online I Love What I Do!: A Drummer's Philosophy of Life at Eighty By Sam Ulano ebook PDF download

I Love What I Do!: A Drummer's Philosophy of Life at Eighty By Sam Ulano Doc

I Love What I Do!: A Drummer's Philosophy of Life at Eighty By Sam Ulano Mobipocket

I Love What I Do!: A Drummer's Philosophy of Life at Eighty By Sam Ulano EPub