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# Change Your Thoughts - Change Your Life: Living the Wisdom of the Tao

By Dr. Wayne W. Dyer



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## Change Your Thoughts - Change Your Life: Living the Wisdom of the Tao

By Dr. Wayne W. Dyer

Five hundred years before the birth of Jesus, a God-realized being named Lao-tzu in ancient China dictated 81 verses, which are regarded by many as the ultimate commentary on the nature of our existence. The classic text of these 81 verses, called the Tao Te Ching or the Great Way, offers advice and guidance that is balanced, moral, spiritual, and always concerned with working for the good.

In this book, **Dr. Wayne W. Dyer** has reviewed hundreds of translations of the Tao Te Ching and has written 81 distinct essays on how to apply the ancient wisdom of Lao-tzu to today's modern world. This work contains the entire 81 verses of the Tao, compiled from Wayne's researching of 10 of the most well-respected translations of text that have survived for more than 25 centuries. Each chapter is designed for actually living the Tao or the Great Way today. Some of the chapter titles are "Living with Flexibility," "Living Without Enemies," and "Living by Letting Go." Each of the 81 brief chapters focuses on living the Tao and concludes with a section called "Doing the Tao Now."

Wayne spent one entire year reading, researching, and meditating on Lao-tzu's messages, practicing them each day and ultimately writing down these essays as he felt Lao-tzu wanted you to know them.

This is a work to be read slowly, one essay a day. As Wayne says, "This is a book that will forever change the way you look at your life, and the result will be that you'll live in a new world aligned with nature. Writing this book changed me forever, too. I now live in accord with the natural world and feel the greatest sense of peace I've ever experienced. I'm so proud to present this interpretation of the Tao Te Ching, and offer the same opportunity for change that it has brought me."



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## **Change Your Thoughts - Change Your Life: Living the Wisdom of the Tao** By Dr. Wayne W. Dyer **Bibliography**

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### Editorial Review

#### Review

"Warm and inspiring" Spirit & Destiny

#### About the Author

Affectionately called the “father of motivation” by his fans, **Dr. Wayne W. Dyer** was an internationally renowned author, speaker, and pioneer in the field of self-development. Over the four decades of his career, he wrote more than 40 books (21 of which became *New York Times* bestsellers), created numerous audio programs and videos, and appeared on thousands of television and radio shows. His books *Manifest Your Destiny*, *Wisdom of the Ages*, *There's a Spiritual Solution to Every Problem*, and the *New York Times* bestsellers *10 Secrets for Success and Inner Peace*, *The Power of Intention*, *Inspiration*, *Change Your Thoughts—Change Your Life*, *Excuses Begone!*, *Wishes Fulfilled*, and *I Can See Clearly Now* were all featured as National Public Television specials.

Wayne held a doctorate in educational counseling from Wayne State University, had been an associate professor at St. John's University in New York, and honored a lifetime commitment to learning and finding the Higher Self. In 2015, he left his body, returning to Infinite Source to embark on his next adventure.

Website: [www.DrWayneDyer.com](http://www.DrWayneDyer.com)

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##### Laura Burke:

Change Your Thoughts - Change Your Life: Living the Wisdom of the Tao can be one of your beginner books that are good idea. Most of us recommend that straight away because this book has good vocabulary that can increase your knowledge in language, easy to understand, bit entertaining but nevertheless delivering the information. The writer giving his/her effort to put every word into joy arrangement in writing Change Your Thoughts - Change Your Life: Living the Wisdom of the Tao nevertheless doesn't forget the main position, giving the reader the hottest and based confirm resource info that maybe you can be one among it. This great information may drawn you into completely new stage of crucial contemplating.

##### Ray Nicolas:

The book untitled Change Your Thoughts - Change Your Life: Living the Wisdom of the Tao contain a lot of information on that. The writer explains your ex idea with easy approach. The language is very easy to understand all the people, so do certainly not worry, you can easy to read that. The book was published by famous author. The author provides you in the new age of literary works. You can easily read this book

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