



ADHD Does Not Exist: The Truth About Attention Deficit and Hyperactivity Disorder

By Richard Saul



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In this groundbreaking and controversial book, behavioral neurologist Dr. Richard Saul draws on five decades of experience treating thousands of patients labeled with Attention Deficit and Hyperactivity Disorder—one of the fastest growing and widely diagnosed conditions today—to argue that ADHD is actually a cluster of symptoms stemming from over 20 other conditions and disorders.

According to recent data from the Centers for Disease Control and Prevention, an estimated 6.4 million children between the ages of four and seventeen have been diagnosed with attention deficit hyperactivity disorder. While many skeptics believe that ADHD is a fabrication of drug companies and the medical establishment, the symptoms of attention-deficit and hyperactivity are all too real for millions of individuals who often cannot function without treatment. If ADHD does not exist, then what is causing these debilitating symptoms?

Over the course of half a century, physician Richard Saul has worked with thousands of patients demonstrating symptoms of ADHD. Based on his experience, he offers a shocking conclusion: ADHD is not a condition on its own, but rather a symptom complex caused by over twenty separate conditions—from poor eyesight and giftedness to bipolar disorder and depression—each requiring its own specific treatment. Drawing on in-depth scientific research and real-life stories from his numerous patients, *ADHD Does not Exist* synthesizes Dr. Saul's findings, and offers and clear advice for everyone seeking answers.



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Editorial Review

From [Booklist](#)

Roughly 11 percent of children and 4 percent of adults in America have been labeled with attention-deficit/hyperactivity disorder (ADHD). But is ADHD even an illness? Physician Saul proposes that ADHD is actually a collection of symptoms caused by other medical conditions: mood disorders (major depression or bipolar disorder), hearing loss, vision problems, substance abuse, hyperthyroidism, sleep problems, absence seizures, learning disabilities, and OCD. According to Saul, a false diagnosis of ADHD delays or prevents initiating appropriate treatment of the actual cause of symptoms like impulsivity and distractibility. Additionally, incorrect diagnoses of ADHD subjects individuals to unnecessary utilization of stimulants. Drugs like Ritalin and Adderall can produce side effects (notably sleep disturbance and decreased appetite) and be abused. Saul believes that medical practitioners, pharmaceutical companies, the media, and patients themselves have engendered an epidemic of misdiagnosed ADHD with serious consequences, including overuse of prescription medication. He writes that ADHD is too often a rushed, careless diagnosis or an excuse for behavior. Sure to ruffle some feathers, *ADHD Does Not Exist* is provocative and pensive. --Tony Miksanek

Review

"Parents will be better armed to ask more of the right questions after reading Saul's book." (*Publisher's Weekly*)

"Sure to ruffle some feathers, *ADHD Does Not Exist* is provocative and pensive." (*Booklist*)

"A provocative, valuable guide for parents, school personnel and medical practitioners who deal with individuals showing symptoms routinely attributed to ADHD." (*Kirkus Review*)

"...an accessible, detailed, and well-documented list of rule-outs for those who are exploring an ADHD diagnosis. VERDICT: Essential for parents and teachers." (*Library Journal*)

From the Back Cover

In this groundbreaking and controversial book, behavioral neurologist Richard Saul, MD, draws on five decades of experience treating patients labeled with attention deficit and hyperactivity disorder to come to a startling conclusion: ADHD is not a condition on its own, but rather a symptom complex caused by more than twenty separate conditions—from poor eyesight and giftedness to bipolar disorder and depression—each requiring its own specific treatment.

Synthesizing in-depth scientific research and real-life stories from his patients, Dr. Saul offers help and clear advice for doctors, practitioners, educators, and the parents of some 6.4 million children who have been diagnosed with attention deficit and hyperactivity disorder—a 53 percent rise in the past decade. Drugs like Adderall or Ritalin are being prescribed with alarming regularity, often to detrimental effect. And while the symptoms of attention deficit and hyperactivity are all too real for these individuals, ADHD is frequently not the answer. Authoritative and accessible, *ADHD Does Not Exist* is sure to become the handbook for anyone confronted with a possible diagnosis.

Users Review

From reader reviews:

Crystal Scott:

Why don't make it to be your habit? Right now, try to prepare your time to do the important behave, like looking for your favorite publication and reading a publication. Beside you can solve your problem; you can add your knowledge by the guide entitled ADHD Does Not Exist: The Truth About Attention Deficit and Hyperactivity Disorder. Try to make the book ADHD Does Not Exist: The Truth About Attention Deficit and Hyperactivity Disorder as your good friend. It means that it can be your friend when you experience alone and beside those of course make you smarter than previously. Yeah, it is very fortunate for yourself. The book makes you much more confidence because you can know every little thing by the book. So, let's make new experience and also knowledge with this book.

Travis Freeman:

Reading can be called head hangout, why? Because when you find yourself reading a book especially book entitled ADHD Does Not Exist: The Truth About Attention Deficit and Hyperactivity Disorder your thoughts will drift away through every dimension, wandering in every single aspect that maybe unidentified for but surely might be your mind friends. Imaging each word written in a book then become one contact form conclusion and explanation that will maybe you never get previous to. The ADHD Does Not Exist: The Truth About Attention Deficit and Hyperactivity Disorder giving you another experience more than blown away the mind but also giving you useful information for your better life on this era. So now let us teach you the relaxing pattern is your body and mind are going to be pleased when you are finished looking at it, like winning a casino game. Do you want to try this extraordinary spending spare time activity?

Paul Smith:

Your reading sixth sense will not betray you, why because this ADHD Does Not Exist: The Truth About Attention Deficit and Hyperactivity Disorder reserve written by well-known writer who knows well how to make book that can be understood by anyone who else read the book. Written with good manner for you, dripping every ideas and composing skill only for eliminate your own hunger then you still doubt ADHD Does Not Exist: The Truth About Attention Deficit and Hyperactivity Disorder as good book but not only by the cover but also by content. This is one book that can break don't judge book by its deal with, so do you still needing yet another sixth sense to pick this!? Oh come on your examining sixth sense already alerted you so why you have to listening to an additional sixth sense.

Gerald Wright:

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