



## Nutrition for Life Plus MasteringNutrition with MyDietAnalysis with eText -- Access Card Package (4th Edition)

By Janice J. Thompson, Melinda Manore



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## **Editorial Review**

### About the Author

#### **Janice Thompson, Ph.D., FACSM**

*University of Birmingham*

Janice Thompson is a professor in the School of Sports and Exercise Sciences at The University of Birmingham, U.K. Her work in the United Kingdom focuses on developing nutrition and physical activity interventions to reduce the risk for chronic diseases and type 2 diabetes in high-risk populations. She also has a US affiliation as a nutrition and exercise research consultant with the Office of Native American Diabetes Programs at the University of New Mexico Health Sciences Center. Janice earned a Ph.D. at Arizona State University in exercise science with an emphasis in exercise physiology and nutrition.

Janice is a Fellow of the American College of Sports Medicine (ACSM), a member of the American Society for Nutrition (ASN), the British Association of Sport and Exercise Science (BASES) and the Nutrition Society. Janice won an undergraduate teaching award while a faculty member at the University of North Carolina, Charlotte.

Janice also publishes two other introductory nutrition books with Pearson. They are the non-majors nutrition book *Nutrition: An Applied Approach* and the majors book *The Science of Nutrition*. In addition, Janice co-authored *Sport Nutrition for Health and Performance* with Melinda Manore (published by Human Kinetics).

#### **Melinda Manore, Ph.D, RD, FACSM**

*Oregon State University*

Melinda Manore earned a doctorate in human nutrition with a minor in exercise physiology at Oregon State University, and a master's degree in health education from the University of Oregon. She is currently a Professor in the Department of Nutrition and Exercise Sciences at Oregon State University, where she teaches and conducts research in the area of nutrition and exercise. Before coming to Oregon State, she taught at Arizona State University for 17 years. Melinda's areas of specialization include nutritional requirements and issues for active women, nutrition assessment, and the role that nutrition and exercise play in health, energy balance, obesity, and disordered eating.

A registered dietitian, Melinda is an active member of the Academy of Nutrition and Dietetics (AND). She is Past Chair of the ADA Research Committee and the Research DPG (Dietetic Practice Group). Melinda is a member of the American Society of Nutritional Sciences (ASNS), the American Society for Clinical Nutrition (ASCN), the North American Association for the Study of Obesity (NAASO), the National Academy of Sciences Committee on Military Nutrition Research, and a Fellow of the American College of Sports Medicine (ACSM).

Melinda wrote a nutrition column for and is an associate editor of ACSM's *Health and Fitness Journal*, and she has won numerous awards for excellence in research and teaching. While at Arizona State University, she was nominated for the Distinguished Mentor of Women Award (1996), and the College of Liberal Arts & Sciences Alumni Association Outstanding Teaching Award (1998, 2000). In 2001, she received the SCAN Excellence in Practice Award.

Melinda co-authors Pearson's non-majors nutrition book *Nutrition: An Applied Approach*, the majors book *The Science of Nutrition*, and Human Kinetic's *Sport Nutrition for Health and Performance* with Janice Thompson.

## **Users Review**

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