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The Right to Innocence: Healing the Trauma of Childhood Sexual Abuse: A Therapeutic 7-Step Self-Help Program for Men and Women, Including How to Choose a Therapist and Find a Support Group

By Beverly Engel



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"A practical and powerful must-read book for all who have suffered childhood sexual abuse, their family members and loved ones, and for all mental health professionals."

Harold H. Bloomfield, M.D.

Author of MAKING PEACE WITH YOUR PARENTS

As a trained therapist and sufferer of sexual abuse herself, Beverly Engel knows that there is probably no trauma a child can suffer that makes her or him feel more alone than sexual abuse. This helpful book offers hope for recovery with exercises, visualizations, and techniques that support you through a seven-step program, that will aid you in: facing the truth, releasing your anger, confronting those responsible with facts and feelings, forgiving yourself, and more healing advice and information.



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Editorial Review

From School Library Journal

YA-- Two books, intended for victims of childhood sexual abuse, with different approaches. *Step on a Crack* is written in first person and tells a narrative horror story that is interspersed with sections of letters to the abused offering advice and counsel. *The Right to Innocence* is more in the style of a self-help manual. It includes a chapter for the mates and loved ones of survivors. Camille's book is more thorough and specific, while Engel's book is good as a general overview of the subject. Both books conclude with a resource/bibliography section that provides a good beginning for more information and help.

- *Carolyn Henebry, Episcopal High School, Bellaire, Tex.*

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From the Inside Flap

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Users Review

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Jon Cerrone:

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Carol Shull:

The ability that you get from The Right to Innocence: Healing the Trauma of Childhood Sexual Abuse: A Therapeutic 7-Step Self-Help Program for Men and Women, Including How to Choose a Therapist and Find a Support Group could be the more deep you searching the information that hide within the words the more you get serious about reading it. It doesn't mean that this book is hard to recognise but The Right to Innocence: Healing the Trauma of Childhood Sexual Abuse: A Therapeutic 7-Step Self-Help Program for Men and Women, Including How to Choose a Therapist and Find a Support Group giving you joy feeling of reading. The article author conveys their point in selected way that can be understood through anyone who read this because the author of this book is well-known enough. This specific book also makes your own personal vocabulary increase well. Therefore it is easy to understand then can go with you, both in printed or e-book style are available. We advise you for having this specific The Right to Innocence: Healing the Trauma of Childhood Sexual Abuse: A Therapeutic 7-Step Self-Help Program for Men and Women, Including How to Choose a Therapist and Find a Support Group instantly.

Ross Turner:

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