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Nutritional Anthropology: Biocultural Perspectives on Food and Nutrition

By Darna L. Dufour, Alan H. Goodman, Gretel H. Peltó



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Revised for the first time in ten years, the second edition of *Nutritional Anthropology: Biocultural Perspectives on Food and Nutrition* continues to blend biological and cultural approaches to this dynamic discipline.

While this revision maintains the format and philosophy that grounded the first edition, the text has been revamped and revitalized with new and updated readings, sections, introductions, and pedagogical materials that cover current global food trade and persistent problems of hunger in equal measure.

Unlike any other book on the market, *Nutritional Anthropology* fuses issues past and present, local and global, and biological and cultural in order to give students a comprehensive foundation in food and nutrition.



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Review

"We need a biocultural reader like *Nutritional Anthropology*. Despite the fact that food studies is such a growing arena today, there really isn't another book like it out there."--Elaine Gerber, *Montclair State University*

"The selection of articles, the commentaries, and the exercises all make this the best text for my course."--Jim Bindon, *University of Alabama*

"An excellent collection of essays. The editors are some of the most qualified anthropologists on the topic and the authors they have selected provide plenty of material for anthropologists who place an emphasis on current issues."--Ryan Adams, *Indiana University-Purdue University Indianapolis*

About the Author

Darna L. Dufour is Associate Dean for Faculty and Administrative Affairs and Professor of Anthropology at the University of Colorado Boulder.

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Gretel H. Peltó is Graduate Professor of Nutritional Anthropology at Cornell University.

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