



The Self-Reliance Manifesto: How to Survive Anything Anywhere

By Len McDougall



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Editorial Review

About the Author

Len McDougall is a field guide and wildlife tracker in Michigan's North Woods, where he teaches survival classes and tests outdoors products. His other books include *The Complete Tracker*, *The Encyclopedia of Tracks and Scats*, *The Field & Stream Wilderness Survival Handbook*, and *Practical Outdoor Survival*.

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