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The Child Psychotherapy Treatment Planner: Includes DSM-5 Updates

By Arthur E. Jongsma Jr., L. Mark Peterson, William P. McInnis, Timothy J. Bruce



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A time-saving resource, fully revised to meet the changing needs of mental health professionals

The Child Psychotherapy Treatment Planner, Fifth Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies.

- New edition features empirically supported, evidence-based treatment interventions including anxiety, attachment disorder, gender identity disorder, and more
- Organized around 35 behaviorally based presenting problems including academic problems, blended family problems, children of divorce, ADHD, and more
- Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options
- Easy-to-use reference format helps locate treatment plan components by behavioral problem
- Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA



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Editorial Review

From the Author

As the Senior Author and Series Editor, I am pleased to announce that the new editions of our Treatment Planners have been released. We have been working on them as a team of authors for over two years. I am indebted to my coauthors who have deep expertise in the clinical field addressed in each Treatment Planner. Dr. Tim Bruce, especially, has brought his wide knowledge base in Evidence-based Practice to bear on several of our Planners. Each Planner has, of course, been updated with the new DSM-5/ICD-10 codes, but beyond that there are several other improvements in the latest books. I believe you will find this expanded and revised edition is a significant step forward in being a resource for finding a menu of succinctly written statements describing Interventions to help you help your client recover. Allow me to list the new material you will find in our latest attempt to help you write clinically sound and complete treatment plans:

- 1) The latest research-supported, evidence-based Interventions
- 2) Updated and expanded bibliotherapy references as well as research related references for each chapter topic
- 3) A new Appendix which provides written Objectives and Interventions that capture the essential theme of the ten Core Principles of the SAMSHA-endorsed Recovery Model
- 4) A new Suggested Diagnosis section in each chapter that provides a helpful transition from DSM-IV/ICD-9 to the newly listed DSM-5/ICD-10 diagnostic codes and labels
- 5) A more complete integration of suggested Homework Exercises in each chapter to support Interventions
- 6) A set of Objectives and Interventions added to each chapter to assist in assessing specifiers relevant to DSM-5 diagnosis

Arthur E. Jongsma, Jr. PhD

From the Back Cover

- Treatment plan components for 35 behaviorally based presenting problems
- Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options
- A step-by-step guide to writing treatment plans that meet the requirements of most accrediting bodies, insurance companies, and third-party payors
- Includes new **Evidence-Based Practice Interventions** as required by many public funding sources and private insurers

PracticePlanners® The Bestselling treatment planning system for mental health professionals

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- Organized around 35 behaviorally based presenting problems including academic problems, blended family problems, children of divorce, ADHD, and more
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About the Author

Arthur E. Jongsma, Jr., PhD, is the Series Editor for the bestselling *PracticePlanners®*. Since 1971, he has provided professional mental health services to both inpatient and outpatient clients. He was the founder and Director of Psychological Consultants, a group private practice in Grand Rapids, Michigan, for 25 years. He is the author or co-author of over fifty books and conducts training workshops for mental health professionals around the world.

L. Mark Peterson, ACSW, is Program Manager for Bethany Christian Services' Residential Treatment and Family Counseling programs in Grand Rapids, Michigan.

William P. McInnis, PsyD, is in private practice with Aspen Psychological Services in Grand Rapids, Michigan. He is coauthor of the bestselling *Adolescent Psychotherapy Treatment Planner* and the *Adolescent Psychotherapy Progress Notes Planner*.

Timothy J. Bruce, PhD, is Professor and Associate Chair of the Department of Psychiatry and Behavioral Medicine at the University of Illinois College of Medicine. He maintains a diverse clinical practice and is active in classroom and clinical teaching as well as educational program administration.

Users Review

From reader reviews:

Anna Williams:

Book is to be different for every single grade. Book for children until adult are different content. We all know that that book is very important usually. The book *The Child Psychotherapy Treatment Planner: Includes DSM-5 Updates* ended up being making you to know about other understanding and of course you can take more information. It is extremely advantages for you. The guide *The Child Psychotherapy Treatment Planner: Includes DSM-5 Updates* is not only giving you considerably more new information but also to become your friend when you truly feel bored. You can spend your own personal spend time to read your publication. Try to make relationship using the book *The Child Psychotherapy Treatment Planner: Includes DSM-5 Updates*. You never truly feel lose out for everything should you read some books.

Alice Wilkerson:

A lot of people always spent their particular free time to vacation or maybe go to the outside with them household or their friend. Do you know? Many a lot of people spent these people free time just watching TV, or maybe playing video games all day long. If you need to try to find a new activity this is look different you can read any book. It is really fun to suit your needs. If you enjoy the book that you just read you can spent all day every day to reading a e-book. The book *The Child Psychotherapy Treatment Planner: Includes DSM-5 Updates* it is extremely good to read. There are a lot of people who recommended this book. They were enjoying reading this book. In the event you did not have enough space to develop this book you can buy typically the e-book. You can m0ore easily to read this book from a smart phone. The price is not too

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Eugene Ruano:

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Edna Davis:

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