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The Voyager's Handbook: The Essential Guide to Blue Water Cruising

By Beth A. Leonard



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The Voyager's Handbook: The Essential Guide to Blue Water Cruising By Beth A. Leonard

Here's how to see the world from your boat. More and more people are taking off on their cruising boats for a few months or even a year. After they've tasted the cruising life, prepared and equipped their boats, and developed some experience, many cruisers begin to dream of voyaging farther--maybe even an around-the-world voyage.

The Voyager's Handbook offers specific information for cruisers considering such a vast undertaking. An experienced circumnavigator, author Beth Leonard shows cruisers how to prepare their boat and themselves. She offers complete, up-to-date information on the latest gear and techniques and detailed, hard-earned advice from dozens of experienced sailors, about boats, crew, and costs as well as crucial but easily overlooked aspects of long-distance passagemaking such as health, safety, weather, provisions, fresh water, and foreign port protocol.

With a balanced, down-to-earth approach, *The Voyager's Handbook* tells it like it is, for any cruiser considering that voyage of a lifetime.



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Editorial Review

From the Back Cover

"When other boats scurry back to their berths just ahead of the setting sun you want to keep sailing. You want your tracks to be the only ones on a perfect sand beach of a deserted tropical island. You want to see the green flahs, taste coconut milk from the husk, watch the fish dance at dusk, and share a feast with new friends from other cultures. Perhaps you have cruised for a few months along one of the coasts, for a season in the Caribbean, or for a year in the Atlantic. You probably returned relaxed and contented--full of plans for someday. This book can help you get there. It is written for coastal and limited offshore cruisers who want to make the transition to long-term voyaging. I have tried to capture everything I wish I had known when we set sail that June day."

--from the Prologue by Beth Leonard

About the Author

Aboard their 37-foot ketch *Silk*, Beth Leonard and her partner Evans Starzinger successfully completed a 35,000-mile circumnavigation of the world in June 1995. Prior to their sailing career, they were international management consultants. Beth holds an MBA from Carnegie-Mellon. Since discovering the joys and challenges of offshore voyaging, she has published several articles in *SAIL* magazine, *Cruising World*, *Sailing*, and *Yachting World*. She has also participated in many popular panels, forums, and seminars within the international sailing community.

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