



 Get Print Book

## Treatment Manual for Anorexia Nervosa: A Family-Based Approach

*By James Lock MD PhD, Daniel Le Grange PhD, W. Stewart Agras M.D., Christopher Dare, James Lock, Daniel le Grange, W. Agras*



Download



Read Online

**Treatment Manual for Anorexia Nervosa: A Family-Based Approach** By James Lock MD PhD, Daniel Le Grange PhD, W. Stewart Agras M.D., Christopher Dare, James Lock, Daniel le Grange, W. Agras

This manual provides an authoritative and detailed description of the Maudsley approach, the leading family-based treatment for adolescents with anorexia nervosa. Unique in its focus on mobilizing parents and siblings as a resource in treatment, the approach is ideal for short-term treatment and has demonstrated effectiveness in controlled clinical trials. Featuring session-by-session intervention guidelines and in-depth case illustrations, this book will enhance the clinical armamentaria of child and adolescent psychiatrists, psychologists, family therapists, and others working with patients with eating disorders.



[Download Treatment Manual for Anorexia Nervosa: A Family-Ba ...pdf](#)



[Read Online Treatment Manual for Anorexia Nervosa: A Family- ...pdf](#)

# Treatment Manual for Anorexia Nervosa: A Family-Based Approach

*By James Lock MD PhD, Daniel Le Grange PhD, W. Stewart Agras M.D., Christopher Dare, James Lock, Daniel le Grange, W. Agras*

**Treatment Manual for Anorexia Nervosa: A Family-Based Approach** By James Lock MD PhD, Daniel Le Grange PhD, W. Stewart Agras M.D., Christopher Dare, James Lock, Daniel le Grange, W. Agras

This manual provides an authoritative and detailed description of the Maudsley approach, the leading family-based treatment for adolescents with anorexia nervosa. Unique in its focus on mobilizing parents and siblings as a resource in treatment, the approach is ideal for short-term treatment and has demonstrated effectiveness in controlled clinical trials. Featuring session-by-session intervention guidelines and in-depth case illustrations, this book will enhance the clinical armamentaria of child and adolescent psychiatrists, psychologists, family therapists, and others working with patients with eating disorders.

**Treatment Manual for Anorexia Nervosa: A Family-Based Approach** By James Lock MD PhD, Daniel Le Grange PhD, W. Stewart Agras M.D., Christopher Dare, James Lock, Daniel le Grange, W. Agras  
**Bibliography**

- Sales Rank: #919088 in Books
- Published on: 2002-08-29
- Original language: English
- Number of items: 1
- Dimensions: .75" h x 5.96" w x 9.06" l, .84 pounds
- Binding: Paperback
- 270 pages

 [Download Treatment Manual for Anorexia Nervosa: A Family-Ba ...pdf](#)

 [Read Online Treatment Manual for Anorexia Nervosa: A Family- ...pdf](#)

**Download and Read Free Online Treatment Manual for Anorexia Nervosa: A Family-Based Approach By James Lock MD PhD, Daniel Le Grange PhD, W. Stewart Agras M.D., Christopher Dare, James Lock, Daniel le Grange, W. Agras**

---

## **Editorial Review**

### **Review**

"This book is an important addition to the literature on the treatment of anorexia nervosa. It provides an authoritative and detailed description of the 'Maudsley method,' the leading family-based treatment for adolescents with anorexia nervosa. The book will be an invaluable resource for clinicians for years to come."--Christopher G. Fairburn, DM, FRCPsych, Professor of Psychiatry, University of Oxford

"Family-based treatment is one of the few demonstrably effective interventions for anorexia nervosa. This treatment manual clearly explains the development of this approach and, even more important, provides a detailed description of how it can be implemented. Lock and his colleagues have provided practitioners with a most useful tool to assist their patients. This book will be required reading for all who treat youngsters with anorexia nervosa."--B. Timothy Walsh, MD, Ruane Professor of Psychiatry, Columbia University College of Physicians and Surgeons; Director, Eating Disorders Research Unit, New York State Psychiatric Institute

"During the past decade, progress in the mental health sciences has been reflected in the increasing refinement of empirically based treatment techniques that can be manualized for general application. This book is a fine example of this type of progress, which has been exciting to witness. Lock and his coauthors are to be congratulated for putting together such an excellent and much-needed treatment manual. The authors manage to compress detailed instruction and rich, relevant case material into a powerful volume that delights by its erudition and persuasiveness. Highly recommended for all who are serious about bringing their therapeutic skills to the cutting edge."--Hans Steiner, MD, Professor of Psychiatry, Stanford University School of Medicine

### **About the Author**

James Lock, MD, PhD, is Assistant Professor of Child Psychiatry in the Department of Psychiatry and Behavioral Sciences at Stanford University School of Medicine. He is also the chief of psychiatric inpatient services at Lucile Salter Packard Children's Hospital at Stanford.

Daniel Le Grange, PhD, is the Benioff UCSF Professor in Children's Health in the Departments of Psychiatry and Pediatrics and Joint Director of the Eating Disorders Program at the University of California, San Francisco.

W. Stewart Agras, MD, is Professor and Associate Chair of the Department of Psychiatry and Behavioral Sciences at Stanford University School of Medicine.

Christopher Dare, MD, is a Reader in Psychotherapy and Head of the Section of Psychotherapy at the Department of Psychiatry, Institute of Psychiatry, at the Maudsley Hospital in London. He is also Consultant Psychiatrist to the Adolescent Eating Disorder Clinic, South London, and Maudsley NHS Trust.

Excerpt. © Reprinted by permission. All rights reserved.

1. Introduction and Background Information

- on Anorexia Nervosa
2. Family Treatment for Anorexia Nervosa
  3. Phase I: Initial Evaluation and Setting Up Treatment
  4. Session 1: The First Face-to-Face Meeting
  5. Session 1 in Action
  6. Session 2: The Family Meal
  7. Session 2 in Action
  8. The Remainder of Phase I (Sessions 3-10)
  9. Session 8 in Action
  10. Beginning Phase II: Helping the Adolescent Eat on Her Own (Sessions 11-16)
  11. Phase II in Action
  12. Starting Phase III: Adolescent Issues (Sessions 17-20)
  13. Phase III in Action
  14. Summary of a Completed Case

## **Users Review**

### **From reader reviews:**

#### **Mary Tillman:**

Hey guys, do you would like to finds a new book to learn? May be the book with the concept Treatment Manual for Anorexia Nervosa: A Family-Based Approach suitable to you? The book was written by well known writer in this era. The book untitled Treatment Manual for Anorexia Nervosa: A Family-Based Approach is one of several books which everyone read now. That book was inspired many men and women in the world. When you read this reserve you will enter the new dimensions that you ever know prior to. The author explained their thought in the simple way, thus all of people can easily to recognise the core of this book. This book will give you a large amount of information about this world now. So that you can see the represented of the world in this particular book.

#### **Christi Ross:**

Spent a free a chance to be fun activity to perform! A lot of people spent their sparettime with their family, or their particular friends. Usually they undertaking activity like watching television, about to beach, or picnic in the park. They actually doing same every week. Do you feel it? Do you want to something different to fill your current free time/ holiday? May be reading a book can be option to fill your no cost time/ holiday. The first thing that you will ask may be what kinds of book that you should read. If you want to consider look for book, may be the guide untitled Treatment Manual for Anorexia Nervosa: A Family-Based Approach can be great book to read. May be it is usually best activity to you.

#### **Angela Yoder:**

Exactly why? Because this Treatment Manual for Anorexia Nervosa: A Family-Based Approach is an unordinary book that the inside of the guide waiting for you to snap the item but latter it will surprise you with the secret it inside. Reading this book close to it was fantastic author who all write the book in such awesome way makes the content inside easier to understand, entertaining approach but still convey the

meaning completely. So , it is good for you because of not hesitating having this any more or you going to regret it. This book will give you a lot of gains than the other book include such as help improving your talent and your critical thinking means. So , still want to hold up having that book? If I ended up you I will go to the guide store hurriedly.

**Joan Beverly:**

Many people said that they feel uninterested when they reading a reserve. They are directly felt it when they get a half regions of the book. You can choose the particular book Treatment Manual for Anorexia Nervosa: A Family-Based Approach to make your personal reading is interesting. Your own skill of reading expertise is developing when you including reading. Try to choose easy book to make you enjoy to study it and mingle the sensation about book and examining especially. It is to be initial opinion for you to like to open up a book and study it. Beside that the e-book Treatment Manual for Anorexia Nervosa: A Family-Based Approach can to be your brand new friend when you're truly feel alone and confuse using what must you're doing of that time.

**Download and Read Online Treatment Manual for Anorexia Nervosa: A Family-Based Approach By James Lock MD PhD, Daniel Le Grange PhD, W. Stewart Agras M.D., Christopher Dare, James Lock, Daniel le Grange, W. Agras #DEQX5VJ0KFO**

# **Read Treatment Manual for Anorexia Nervosa: A Family-Based Approach By James Lock MD PhD, Daniel Le Grange PhD, W. Stewart Agras M.D., Christopher Dare, James Lock, Daniel le Grange, W. Agras for online ebook**

Treatment Manual for Anorexia Nervosa: A Family-Based Approach By James Lock MD PhD, Daniel Le Grange PhD, W. Stewart Agras M.D., Christopher Dare, James Lock, Daniel le Grange, W. Agras Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Treatment Manual for Anorexia Nervosa: A Family-Based Approach By James Lock MD PhD, Daniel Le Grange PhD, W. Stewart Agras M.D., Christopher Dare, James Lock, Daniel le Grange, W. Agras books to read online.

## **Online Treatment Manual for Anorexia Nervosa: A Family-Based Approach By James Lock MD PhD, Daniel Le Grange PhD, W. Stewart Agras M.D., Christopher Dare, James Lock, Daniel le Grange, W. Agras ebook PDF download**

**Treatment Manual for Anorexia Nervosa: A Family-Based Approach By James Lock MD PhD, Daniel Le Grange PhD, W. Stewart Agras M.D., Christopher Dare, James Lock, Daniel le Grange, W. Agras Doc**

Treatment Manual for Anorexia Nervosa: A Family-Based Approach By James Lock MD PhD, Daniel Le Grange PhD, W. Stewart Agras M.D., Christopher Dare, James Lock, Daniel le Grange, W. Agras Mobipocket

Treatment Manual for Anorexia Nervosa: A Family-Based Approach By James Lock MD PhD, Daniel Le Grange PhD, W. Stewart Agras M.D., Christopher Dare, James Lock, Daniel le Grange, W. Agras EPub