



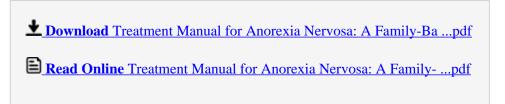
Treatment Manual for Anorexia Nervosa: A Family-Based Approach

By James Lock MD PhD, Daniel Le Grange PhD, W. Stewart Agras M.D., Christopher Dare, James Lock, Daniel le Grange, W. Agras



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This manual provides an authoritative and detailed description of the Maudsley approach, the leading family-based treatment for adolescents with anorexia nervosa. Unique in its focus on mobilizing parents and siblings as a resource in treatment, the approach is ideal for short-term treatment and has demonstrated effectiveness in controlled clinical trials. Featuring session-by-sesion intervention guidelines and in-depth case illustrations, this book will enhance the clinical armamentaria of child and adolescent psychiatrists, psychologists, family therapists, and others working with patients with eating disorders.



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Sales Rank: #919088 in BooksPublished on: 2002-08-29Original language: English

• Number of items: 1

• Dimensions: .75" h x 5.96" w x 9.06" l, .84 pounds

• Binding: Paperback

• 270 pages

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Editorial Review

Review

"This book is an important addition to the literature on the treatment of anorexia nervosa. It provides an authoritative and detailed description of the 'Maudsley method,' the leading family-based treatment for adolescents with anorexia nervosa. The book will be an invaluable resource for clinicians for years to come."--Christopher G. Fairburn, DM, FRCPsych, Professor of Psychiatry, University of Oxford

"Family-based treatment is one of the few demonstrably effective interventions for anorexia nervosa. This treatment manual clearly explains the development of this approach and, even more important, provides a detailed description of how it can be implemented. Lock and his colleagues have provided practitioners with a most useful tool to assist their patients. This book will be required reading for all who treat youngsters with anorexia nervosa."--B. Timothy Walsh, MD, Ruane Professor of Psychiatry, Columbia University College of Physicians and Surgeons; Director, Eating Disorders Research Unit, New York State Psychiatric Institute

"During the past decade, progress in the mental health sciences has been reflected in the increasing refinement of empirically based treatment techniques that can be manualized for general application. This book is a fine example of this type of progress, which has been exciting to witness. Lock and his coauthors are to be congratulated for putting together such an excellent and much-needed treatment manual. The authors manage to compress detailed instruction and rich, relevant case material into a powerful volume that delights by its erudition and persuasiveness. Highly recommended for all who are serious about bringing their therapeutic skills to the cutting edge."--Hans Steiner, MD, Professor of Psychiatry, Stanford University School of Medicine

About the Author

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Mary Tillman:

Hey guys, do you would like to finds a new book to learn? May be the book with the concept Treatment Manual for Anorexia Nervosa: A Family-Based Approach suitable to you? The book was written by well known writer in this era. The book untitled Treatment Manual for Anorexia Nervosa: A Family-Based Approachis one of several books which everyone read now. That book was inspired many men and women in the world. When you read this reserve you will enter the new dimensions that you ever know prior to. The author explained their thought in the simple way, thus all of people can easily to recognise the core of this book. This book will give you a large amount of information about this world now. So that you can see the represented of the world in this particular book.

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Exactly why? Because this Treatment Manual for Anorexia Nervosa: A Family-Based Approach is an unordinary book that the inside of the guide waiting for you to snap the item but latter it will surprise you with the secret it inside. Reading this book close to it was fantastic author who all write the book in such awesome way makes the content inside easier to understand, entertaining approach but still convey the

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