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# Belly Laughs: The Naked Truth about Pregnancy and Childbirth

By Jenny McCarthy



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**Belly Laughs: The Naked Truth about Pregnancy and Childbirth** By Jenny McCarthy

Oh, the joys of pregnancy! There's the gassiness, constipation, queasiness, and exhaustion, the forgetfulness, crankiness, and the constant worry. Of course, no woman is spared the discomforts and humiliations of pregnancy, but most are too polite to complain or too embarrassed to talk about them. Not Jenny McCarthy! In the *New York Times* best-selling *Belly Laughs*, actress and new mother Jenny McCarthy reveals the naked truth about the tremendous joys, the excruciating pains, and the unseemly disfigurement that go along with pregnancy. Never shy, frequently crude, and always laugh-out-loud funny, McCarthy covers it all in the grittiest of girlfriend detail. From morning sickness and hormonal rage, to hemorrhoids, pregnant sex, and the torture and sweet relief that is delivery, *Belly Laughs* is must-read comic relief for anyone who is pregnant, who has ever been pregnant, is trying to get pregnant, or, indeed, has ever been born!



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### Editorial Review

Review

#### Bella Online

“One of the most candid, refreshing and funny books on pregnancy that I have ever read. I laughed so hard at times that I had tears rolling down my cheeks...Humorous and candid.”

About the Author

**Jenny McCarthy** is the former host of the enormously popular MTV dating show *Singled Out*. She has starred in many films, including *Dirty Love*, the Sundance 2005 film that she also wrote. She is the mother of four year-old Evan and lives in Los Angeles.

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