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# Better Than Good Hair: The Curly Girl Guide to Healthy, Gorgeous Natural Hair!

By Nikki Walton, Ernessa T. Carter



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## Better Than Good Hair: The Curly Girl Guide to Healthy, Gorgeous Natural Hair! By Nikki Walton, Ernessa T. Carter

The fresh new handbook on how to achieve and maintain stylish natural hair, from the savviest and most revered expert on coils and curls

These days there's a revolution going on. Relaxers are out. Weaves are so yesterday. Tired of damage from expensive chemical treatments and artificial enhancers, women of color are going natural thanks to Nikki Walton of CurlyNikki.com, the natural hair blogger and online hair therapy expert.

In *Better Than Good Hair*, this gifted "curl whisperer" educates women on how to transition from relaxed to completely natural hair, with advice and styles for every length—from Fierce Braid-and-Curls to Fancy Faux Buns. She also counsels those considering the "big chop"—cutting it all off at once to sport a bold and beautiful "teeny weeny afro." Here, too, is essential guidance for parents of mixed-race children dealing with new and unfamiliar hair textures and styles.

Combining Walton's expansive knowledge with tips from other experts in the field, *Better Than Good Hair* includes:

- Product recommendations
- Home hair care recipes
- Advice for parents on how to manage their children's natural hair
- Tips for using henna on gray hair
- Guidance on dealing with detractors
- Step-by-step illustrated directions for nearly two dozen hairdos, from frohawks to twist-outs

Full of indispensable information, as empowering as it is accessible, and with a foreword by actress and comedian Kim Wayans, *Better Than Good Hair* is a must-have natural hair care bible that will help women of all ages and styles achieve their natural beauty.



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### **Editorial Review**

#### **Review**

“A must read. . . . For women who are thinking about going natural, and those who need a bit of a push, this is the guide you’ve been waiting for. . . . The step-by-step instructions to healthy hair are phenomenal.”  
(Ebony.com)

#### **About the Author**

Nikki Walton is a licensed psychotherapist with a master's degree in psychology from the University of North Carolina and the founder of CurlyNikki.com. Born in St. Louis, she now resides in Pennsylvania.

Coauthor Ernessa T. Carter, a graduate of Smith College with an master of fine arts from Carnegie Mellon, is the author of the novel *32 Candles* and the founding editor of FierceandNerdy.com. She lives in Los Angeles.

Nikki Walton is a licensed psychotherapist with a master's degree in psychology from the University of North Carolina and the founder of CurlyNikki.com. Born in St. Louis, she now resides in Pennsylvania.

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### **Users Review**

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##### **Charles Settles:**

What do you concentrate on book? It is just for students since they're still students or that for all people in the world, exactly what the best subject for that? Merely you can be answered for that query above. Every person has diverse personality and hobby for each and every other. Don't to be pushed someone or something that they don't wish do that. You must know how great as well as important the book *Better Than Good Hair: The Curly Girl Guide to Healthy, Gorgeous Natural Hair!*. All type of book would you see on many solutions. You can look for the internet sources or other social media.

##### **Gwen Anderson:**

Reading can called imagination hangout, why? Because if you find yourself reading a book specially book entitled *Better Than Good Hair: The Curly Girl Guide to Healthy, Gorgeous Natural Hair!* your mind will drift away trough every dimension, wandering in every single aspect that maybe not known for but surely can be your mind friends. Imaging every single word written in a publication then become one form

conclusion and explanation that maybe you never get just before. The Better Than Good Hair: The Curly Girl Guide to Healthy, Gorgeous Natural Hair! giving you another experience more than blown away your mind but also giving you useful information for your better life in this era. So now let us teach you the relaxing pattern this is your body and mind is going to be pleased when you are finished examining it, like winning a game. Do you want to try this extraordinary paying spare time activity?

**William Kozak:**

Better Than Good Hair: The Curly Girl Guide to Healthy, Gorgeous Natural Hair! can be one of your basic books that are good idea. Many of us recommend that straight away because this publication has good vocabulary which could increase your knowledge in vocab, easy to understand, bit entertaining but delivering the information. The article author giving his/her effort to place every word into pleasure arrangement in writing Better Than Good Hair: The Curly Girl Guide to Healthy, Gorgeous Natural Hair! however doesn't forget the main place, giving the reader the hottest and based confirm resource info that maybe you can be certainly one of it. This great information could drawn you into completely new stage of crucial considering.

**Weston Brock:**

With this era which is the greater person or who has ability to do something more are more special than other. Do you want to become one among it? It is just simple approach to have that. What you should do is just spending your time not much but quite enough to get a look at some books. One of many books in the top record in your reading list is Better Than Good Hair: The Curly Girl Guide to Healthy, Gorgeous Natural Hair!. This book which is qualified as The Hungry Hillside can get you closer in growing to be precious person. By looking right up and review this book you can get many advantages.

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