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The Doctor Will See You Now: Recognizing and Treating Endometriosis

By Tamer Seckin MD



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The Doctor Will See You Now: Recognizing and Treating Endometriosis By Tamer Seckin MD

Endometriosis materializes when the endometrium – the tissue that lines the inside of the uterus – sheds, but does not exit a woman’s body during her period. Instead, it grows outside of the uterus, spreading to organs and nerves in and around the pelvic region. The resulting pain is so physically and emotionally insufferable that it can mercilessly dominate a woman’s life. The average woman with endometriosis is twenty-seven years old before she is diagnosed. It is one of the top three causes of female infertility. The pain it emits can affect a woman’s career, social life, relationships, sexual activity, sleep, and diet. It is incurable, but highly treatable. Unfortunately, though, it is rarely treated in a timely manner, if at all, because of misdiagnoses and/or a lack of education among those in the medical community.

This book gives hope to everyone connected to endometriosis. That includes every woman and young girl who has it, and the women and men in their lives – the mothers, fathers, husbands, children, and friends – who know something is wrong, but do not know what it is or what to do about it. This book is written at a level that everyone with ties to this disease can relate to and understand, but it is also for doctors with good intentions who lack the knowledge of how to diagnose or treat it.

The Doctor Will See You Now is for women determined to let the world know their stories so that every woman with this disease – from the thirteen-year-old girl who is being told that her pain is “part of becoming a woman” to the woman who has been misdiagnosed for decades – knows she is not alone.

Yes, her pain is real.

No, she is not crazy.

Yes, there is hope.



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Editorial Review

Review

"The book's inspiring text is purposefully crafted so that every reader can relate and understand endometriosis not only medically, but also emotionally." -"National Pain Report"

"This comprehensive text, as the author hopes, is likely to raise awareness among other physicians and among general readers, particularly women who will now have the knowledge necessary to become powerful self-advocates." -"Publishers Weekly"

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"An empowering, pro-women look at an often misdiagnosed condition that can cause infertility and devastating pain." -"Booklist"

"As people, but especially as women, we have to be our own medical advocates. Whether it's my friends making their way through the birth industrial complex or the ones deciding how to handle a chronic illness like Lyme, educating ourselves is power. Plus (and I'm a broken record on this), our pain ? especially if it's located between belly button and ass crack ? is often not treated with the seriousness we would hope. My particular journey to navigate has been endometriosis, and Tamer Seckin's *The Doctor Will See You Now: Recognizing and Treating Endometriosis*, written with sensitivity and spirit, is an amazing primer if you or someone you love is suffering. In a world where information is everywhere yet answers are hard to come by, Dr. Seckin offers comfort and guidance." -"Lena Dunham"

"The book's inspiring text is purposefully crafted so that every reader can relate and understand endometriosis not only medically, but also emotionally." -"National Pain Report"

"One of the best endometriosis surgeons is Dr. Tamer Seckin, a premier gynecologist specializing in endometriosis. Throughout my practice and teaching career, I have personally observed numerous top surgeons, both in Europe and North America, performing difficult endometriosis surgery in their operating rooms and, without hesitation, I can recommend Dr. Seckin as one of the best of the best." -"C.Y. Liu, MD, Professor, Department of Obstetrics and Gynecology, University of Tennessee, College of Medicine. Director Emeritus, Fellowship Program in Minimally Invasive Gynecology, Chattanooga, Tennessee. Past President, American Association of Gynecologic Laparoscopists (AAGL)"

"Dr. Seckin blends his knowledge and surgical skills with compassion and understanding of patient concerns. His many years of hands on experience and patient interaction combine to make this book a very worthwhile read." -"Harry Reich, MD, First U.S. gynecologic surgeon to use the laparoscope to excise deep endometriosis of the ovary and rectum."

"In this moving and informative book, Dr. Seckin provides an important resource for women with endometriosis - a common, widely misunderstood, and understudied condition. Recent research has revealed a major genetic component to endometriosis; now is the time for the scientific community to put serious

resources into better understanding this complex inflammatory disorder. Targeted research can lead to earlier diagnosis, improved treatments, and eventually, preventative care to put an end to Endo.”**Peter K. Gregersen MD**, Professor of Molecular Medicine, Hofstra-Northwell School of Medicine; Head, Robert S. Boas Center for Genomics and Human Genetics, Feinstein Institute for Medical Research.

“Endometriosis cripples women without a proper diagnosis. Dr. Tamer Seckin’s *The Doctor Will See You Now* sheds light on this painful condition and advances the fight to help women with endometriosis through personal accounts and his breadth of knowledge. I’ve worked with Dr. Seckin’s co-founder of the Endometriosis Foundation of America, Top Chef star, Padma Lakshmi, to help women understand that there is hope and I know this book will do the same.”**State Senator Jeff Klein**

About the Author

Tamer Seckin, MD, is a Board Certified gynecologist and laparoscopic surgeon in private practice in New York City, practicing at North Shore LIJ/Lenox Hill Hospital. He specializes in treating women with endometriosis. He is an internationally known specialist in minimally invasive advanced (laparoscopic) surgery, and is among a very limited number of gynecologic surgeons in the United States who is exclusively committed to the Deep Laparoscopic Excision of endometriosis.

In 2009, Dr. Seckin founded the Endometriosis Foundation of America (EFA), the first research and advocacy foundation of its kind organized by a private physician to raise awareness and emphasize the critical value of surgical excision of endometriosis. Under his guidance as Medical Director, the EFA strives to increase disease recognition, provide advocacy, facilitate expert surgical training, and fund landmark endometriosis research.

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