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By Ernesto Spinelli



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Editorial Review

About the Author

Professor Ernesto Spinelli has gained an international reputation as one of the leading contemporary trainers and theorists of existential analysis as applied to psychology and psychotherapy and, more recently, the related arenas of coaching and conflict mediation. He is a UKCP registered existential psychotherapist, a Fellow of the British Psychological Society (BPS) and the British Association for Counselling and Psychotherapy (BACP) as well as an accredited executive coach and coaching supervisor. In 1999, Ernesto was awarded a Personal Chair as Professor of psychotherapy, counselling and counselling psychology. Ernesto is Director of ES Associates, an organisation dedicated to the advancement of psychotherapy, coaching, and supervision through specialist seminars and training programmes. Professor Ernesto Spinelli has gained an international reputation as one of the leading contemporary trainers and theorists of existential analysis as applied to psychology and psychotherapy and, more recently, the related arenas of coaching and conflict mediation. He is a UKCP registered existential psychotherapist, a Fellow of the British Psychological Society (BPS) and the British Association for Counselling and Psychotherapy (BACP) as well as an accredited executive coach and coaching supervisor. In 1999, Ernesto was awarded a Personal Chair as Professor of psychotherapy, counselling and counselling psychology. Ernesto is Director of ES Associates, an organisation dedicated to the advancement of psychotherapy, coaching, and supervision through specialist seminars and training programmes.

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