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# The Practice of Traditional Western Herbalism: Basic Doctrine, Energetics, and Classification

By Matthew Wood



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## The Practice of Traditional Western Herbalism: Basic Doctrine, Energetics, and Classification By Matthew Wood

*The Practice of Traditional Western Herbalism* places the function of western herbs in their true historical context, apart from homeopathy, traditional Chinese medicine, and Ayurveda. Recently there has been a revival of interest in western herbalism, but practitioners haven't been able to explore its benefits due to a void of information on the topic—the system of medicine the herbs fit into had all but disappeared. To remedy the situation, herbalist Matthew Wood has researched the old-time practices and reconstructed them for modern use. In resuscitating western herbal medicine and bringing it up to date, he gives his readers a powerful tool for holistic theory and treatment. Wood makes the point that plant medicines, because they are made from a broad range of chemical components, are naturally suited for the treatment of general patterns in the body. He argues against the biomedical model of standardization, in which herbs are refined and advertised as if they were drugs suited to an exact disease or condition.



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**The Practice of Traditional Western Herbalism: Basic Doctrine, Energetics, and Classification** By Matthew Wood Bibliography

- Sales Rank: #46946 in Books
- Brand: Brand: North Atlantic Books
- Published on: 2004-05-10
- Released on: 2004-05-10
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x .71" w x 6.00" l, 1.07 pounds
- Binding: Paperback
- 300 pages

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#### **Review**

"*The Practice of Traditional Western Herbalism* is a rallying cry to reexamine our vibrant past traditions and stay true to our roots. This superb book from an incisive mind states the options succinctly." - Keith Robertson

#### **About the Author**

Matthew Wood is a registered herbalist with the American Herbalists Guild, and has maintained a private practice as an herbalist for twenty years. He lives and practices at Sunnyfield Herb Farm in Minnetrista, Minnesota.

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This *The Practice of Traditional Western Herbalism: Basic Doctrine, Energetics, and Classification* book is not really ordinary book, you have it then the world is in your hands. The benefit you obtain by reading this book is definitely information inside this e-book incredible fresh, you will get information which is getting deeper an individual read a lot of information you will get. This specific *The Practice of Traditional Western Herbalism: Basic Doctrine, Energetics, and Classification* without we recognize teach the one who reading through it become critical in imagining and analyzing. Don't always be worry *The Practice of Traditional Western Herbalism: Basic Doctrine, Energetics, and Classification* can bring any time you are and not make your handbag space or bookshelves' turn out to be full because you can have it inside your lovely laptop even cellphone. This *The Practice of Traditional Western Herbalism: Basic Doctrine, Energetics, and Classification* having fine arrangement in word in addition to layout, so you will not experience uninterested in reading.

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