

NLP Coaching (Coaching in Practice (Paperback))

By Philip Hayes



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Incorporate these Self-Help Techniques with Your Clients

This book presents a practical and exciting introduction to neuron linguistic programming—self-help techniques proponents believe can program the mind to achieve success. NLP Coaching offers you tried and tested techniques on how to incorporate NLP methods with your clients. With case studies and diagrams, you teach your clients all aspects of NLP, helping them build confidence in the workforce, set goals, or resolve career or everyday issues.

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NLP Coaching (Coaching in Practice (Paperback)) By Philip Hayes Bibliography

• Sales Rank: #7162876 in Books

Published on: 2006-11-01Original language: English

• Number of items: 1

• Dimensions: 9.20" h x .43" w x 6.10" l, .51 pounds

• Binding: Paperback

• 126 pages

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Editorial Review

About the Author

Phil Hayes is an Executive Director of Management Futures Ltd., a company offering executive coaching, coach training, and other organisational development tools. Formerly Head of Management Training for the BBC, Phil has been working in the field of leadership development since 1988 and has extensive experience of coaching using NLP with a wide range of clients.

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