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How to Care for Aging Parents

By Virginia Morris



How to Care for Aging Parents By Virginia Morris

The best and bestselling book of its kind. Originally published in 1995, How To Care For Aging Parents, won a Books for a Better Life Award, and was praised as "an indispensable book" (AARP) and "a compassionate guide of encyclopaedic proportion" (The Washington Post). It also catapulted its author, Virginia Morris, to national prominence as a recognized eldercare authority on Oprah, Good Morning America, CNN, CBS, and other media. Nine years later, and the need for the book is mushrooming. Virginia Morris responds with a completely revised, up-to-date new edition. Expanded from 450 to over 650 pages, it covers all the emotional, legal, financial, medical, and logistical issues in caring for the elderly. There are new sections on expanded housing options, alternative therapies, balancing career and care giving, and dealing with difficult parents. It covers the biggest change in care giving - the newfound independence of seniors and benefits of healthy aging-and the reverse: Three chapters are dedicated to caring for parents with Alzheimers.

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Editorial Review

Review

"A compassionate guide of encyclopedic proportion." —*The Washington Post*

"Indispensable!"

— AARP

"This guide, aimed at the "Sandwich Generation," provides a road map to assist adult children in caring for their aging parents. Combining personal experience with expertise in healthcare and social and political issues, Morris has produced a thoroughly researched, well-organized, and comprehensive manual. Chapters follow in logical progression, yet they can stand alone and be read on an "as-needed" basis. The topics covered include the concrete, practical areas such as home care, finances, nursing homes/hospitals, legal issues, and medical/safety concerns as well as the psychosocial areas of handling emotions, dealing with death and dying, sibling conflicts, and spiritual needs. In her discussions, Morris adds useful details such as a suggested list of things to pack for the hospital. Support for the caregiver as well as to the elderly person is covered. Sprinkled throughout the text are agencies, phone numbers, and other reference information."

"A must-read ... [Morris] thoroughly addresses the subject, covering most topics imaginable from standards such as exercise and healthy diet to uncomfortable ones such as STDs, Alzheimer's, and delusions and hallucinations.... Her frank approach manages to be both compassionate and direct making the most awkward or devastating topics manageable."

-Publishers Weekly, starred review

Review

"A work of great value, written with sensitivity and wisdom...It fulfills an obvious need better than anything I've seen."

-Sherwin B. Nuland, M.D.

From the Back Cover

Featured on *Oprah* and *Good Morning America*, winner of the Books for a Better Life Award, and hailed as an "excellent resource" by the Family Caregiver Alliance, *How To Care For Aging Parents* is completely revised, updated, and expanded, with nearly 300 pages of new material. Compassionate and thorough, it is a caregiver's bible.

When love is not enough-and, regrettably, it never is-this is an essential guide. Now more than ever.

Users Review

From reader reviews:

Richard Hood:

Hey guys, do you would like to finds a new book to learn? May be the book with the headline How to Care for Aging Parents suitable to you? The book was written by well known writer in this era. Often the book untitled How to Care for Aging Parentsis the one of several books that will everyone read now. That book was inspired many people in the world. When you read this e-book you will enter the new shape that you ever know previous to. The author explained their plan in the simple way, thus all of people can easily to know the core of this guide. This book will give you a wide range of information about this world now. So that you can see the represented of the world within this book.

Colleen Nguyen:

A lot of people always spent their own free time to vacation or maybe go to the outside with them family members or their friend. Do you realize? Many a lot of people spent that they free time just watching TV, or playing video games all day long. If you wish to try to find a new activity this is look different you can read any book. It is really fun for you. If you enjoy the book that you read you can spent the entire day to reading a publication. The book How to Care for Aging Parents it is extremely good to read. There are a lot of individuals who recommended this book. These folks were enjoying reading this book. When you did not have enough space to create this book you can buy the actual e-book. You can m0ore quickly to read this book from the smart phone. The price is not to cover but this book has high quality.

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