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Letting God Come Close: An Approach to the Ignatian Spiritual Exercises

By William A. Barry SJ



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An approach to the Spiritual Exercises of St. Ignatius

As more and more people begin to reclaim their spiritual heritage, longoverlooked traditions resurface, offering seekers new ways to rekindle their spiritual selves. The Spiritual Exercises of St. Ignatius of Loyola is such a tradition, and its recovery in the church has sparked the interest of many believers—religious and laypeople alike.

In light of this resurgence, Fr. William A. Barry, a director of the Spiritual Exercises for more than thirty years, offers *Letting God Come Close*, a guide that shows spiritual directors how to effectively and creatively help individuals meet the living God through the Exercises. Using clear, down-to-earth examples from his own experience, Fr. Barry hopes to instill in the director the trust, confidence, and skills needed to help retreatants approach God.

"Spiritual directors will find a gold mine here of help in understanding and giving the Exercises."

-George Aschenbrenner, S.J., director, Jesuit Center for Spiritual Growth

"For over thirty years Barry has listened attentively for the ways God deals directly with God's people through the Spiritual Exercises. God's voice comes through and Barry helps directors pay attention."

—George R. Murphy, S.J., adjunct lecturer in spirituality at the Jesuit School of Theology in Berkeley

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Editorial Review

Review

"Barry's book is well worth reading and reflecting on for new and experienced directors as well as for students." -- *George R. Murphy, S.J., adjunct lecturer in spirituality at the Jesuit School of Theology in Berkeley*

"Spiritual directors will find a gold mine here of help in understanding and giving the Exercises." -- *George* Aschenbrenner, S.J., director, Jesuit Center for Spiritual Growth

From the Publisher

In this dynamic guide, Father Barry explains different methods directors can encourage their retreatants to use during the Exercises, such as imaginative prayer and "touchstone experiences" that help individuals access higher levels of spiritual contemplation. Using well-chosen examples from the Bible, religious literature, and from psychological and religious professionals, Barry reveals the modern-day relevance of these centuries-old exercises. His insights will pave the way for even further expansion of this increasingly popular and enlightening practice.

From the Back Cover

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Users Review

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Susan Tarin:

This Letting God Come Close: An Approach to the Ignatian Spiritual Exercises book is just not ordinary book, you have after that it the world is in your hands. The benefit you have by reading this book is usually information inside this publication incredible fresh, you will get details which is getting deeper you actually read a lot of information you will get. This particular Letting God Come Close: An Approach to the Ignatian Spiritual Exercises without we understand teach the one who looking at it become critical in thinking and analyzing. Don't always be worry Letting God Come Close: An Approach to the Ignatian Spiritual Exercises can bring if you are and not make your tote space or bookshelves' become full because you can have it with your lovely laptop even telephone. This Letting God Come Close: An Approach to the Ignatian Spiritual Exercises having good arrangement in word as well as layout, so you will not feel uninterested in reading.

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