



Sophia Loren's Recipes & Memories

By Sophia Loren



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In this book, the most loved and esteemed Italian actress in the world remembers and reveals her favorite recipes: those handed down to her by her beloved grandmother, Luisa. The book, richly illustrated with more than 100 photographs, integrates countless quirks and anecdotes from Sophia herself, who recalls her touching Neapolitan childhood and her legendary movie career. Her tale is an exciting one, allowing the reader to go behind the scenes of some of the many movies she made alongside big Hollywood stars. This beautiful book reveals Sophia's love of Italian cuisine and recipes that she discovered, dug up, and prepared during her films between takes.



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Editorial Review

Review

“Everything she touches appears to shine and becomes special. Her recipes, even the simplest ones, have an unusual quality, a rich flavor. They contain the liveliness and zest of genuine Italy. Like Sophia herself.”

—Giorgio Armani

About the Author

Sophia Loren has a film career that spans five decades and includes an Academy Award. She is also the author of the cookbook, *In the Kitchen with Love*. She divides her time between Geneva, Switzerland, and Los Angeles. **Alison Harris** is a freelance photographer based in Paris. Her work has been featured in *Enchanted Liguria: A Celebration of the Culture, Lifestyle and Food of the Italian Riviera*; *The Good Cook*; *Marcella Cucina*; *The New Provencal Cuisine*; and the critically acclaimed *Cooking the Roman Way: Authentic Recipes from the Home Cooks and Trattorias of Rome*. **Giorgio Armani** is an Italian fashion designer, particularly noted for his menswear. He is considered to be one of Sophia Loren's best friends.

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