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# Long-term Psychodynamic Psychotherapy: A Basic Text (Core Competencies in Psychotherapy)

*By Glen O. Gabbard*



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## Long-term Psychodynamic Psychotherapy: A Basic Text (Core Competencies in Psychotherapy) By Glen O. Gabbard

Long-Term Psychodynamic Psychotherapy: A Basic Text, by leading psychotherapist and educator Glen O. Gabbard, M.D., instructs in both the core principles of this fundamental treatment modality and its practice in real-world treatment settings. This second edition expands on the theoretical, technical, and clinical issues addressed in the popular first edition. Since the first edition appeared in 2004, rigorous research revealed in major psychiatric and psychological journals has further confirmed the efficacy of psychodynamic psychotherapy and how it can improve the lives of patients over time. Those findings make a thorough understanding of key concepts, assessment, indications, formulation, interventions, and the goals of therapy crucial for emerging psychotherapy professionals. An innovative feature of the new edition is a companion DVD in which the author brings the text to life, giving psychiatric residents and other mental health professionals an invaluable glimpse of a senior clinician at work. The DVD illustrates key clinical problems encountered in psychiatry, psychology, or social work and proven solutions gathered over many years of actual clinical experience.



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### **Editorial Review**

#### **Review**

This revision of Dr. Gabbard's introductory "course" in psychodynamic psychotherapy is a gift to all students of this complex yet essential form of treatment. An already outstanding volume is much improved by thoughtful additions to the text and accompanying videos that bring the words alive. It is like have one of the great clinician/educators of our time in the room, steadily opening doors to understanding. --David A. Goldberg, M.D., Chair and Residency Training Director, California Pacific Medical Center, San Francisco, Past Executive Director and President, Association of American, Director's of Psychiatric Residency Training (AADPRT)

Glen Gabbard's extensive clinical experience in psychodynamic psychotherapy provides the backdrop for this superb textbook for the beginning and intermediate-level psychodynamic psychotherapist. Once again Dr. Gabbard has provided for trainees and practitioners lucid descriptions of the key concepts and history of psychodynamic psychotherapy, technique, and therapeutic action, amply illustrated with well-chosen clinical vignettes. The addition of findings from cognitive neuroscience studies of unconscious mental functioning, psychodynamic psychotherapy efficacy studies and the updated section on evaluating core competencies bring the reader up to date with advances in the field." --Lisa A. Mellman, M.D., Clinical Professor of Psychiatry, Columbia University College of Physicians and Surgeons; Past President, American Association of Directors of Psychiatry Residency Training

#### **From the Inside Flap**

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#### **About the Author**

**Glen O. Gabbard, M.D.**, occupies the Brown Foundation Chair of Psychoanalysis and is Professor of Psychiatry, Director of Psychotherapy Education, and Director of the Baylor Psychiatry Clinic at Baylor College of Medicine in Houston, Texas. He served as Joint Editor-in-Chief of the *International Journal of Psychoanalysis*, 2001--2007.

## **Users Review**

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#### **Joanne Hall:**

Book is to be different for every grade. Book for children right up until adult are different content. As you may know that book is very important usually. The book Long-term Psychodynamic Psychotherapy: A Basic Text (Core Competencies in Psychotherapy) ended up being making you to know about other expertise and of course you can take more information. It doesn't matter what advantages for you. The reserve Long-term Psychodynamic Psychotherapy: A Basic Text (Core Competencies in Psychotherapy) is not only giving you much more new information but also to become your friend when you sense bored. You can spend your personal spend time to read your reserve. Try to make relationship with the book Long-term Psychodynamic Psychotherapy: A Basic Text (Core Competencies in Psychotherapy). You never experience lose out for everything in the event you read some books.

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