



The Way of Discernment: Spiritual Practices for Decision Making

By Elizabeth Liebert



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We all make decisions constantly--some with careful reflection, some without much thought. But what if we understood these decisions, minor as well as major, as matters of faithful Christian living? In this helpful and encouraging book, Elizabeth Liebert introduces the practice of discernment and guides readers through the process of faithful decision making. Following the way of discernment means becoming increasingly able to notice where God is at work in the world and in one's own life--and becoming increasingly generous with one's own life in response. After briefly exploring the Christian tradition of discernment, Liebert then turns to practical steps and exercises that will help readers as they seek God's call in the midst of their decisions, allowing readers to internalize some of these practices and incorporate them into their daily lives.



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Editorial Review

From Publishers Weekly

How can Christians invite God into their decision making? Liebert, who teaches spirituality at San Francisco Theological Seminary, says that discernment is about aligning human will with God's. Unlike ordinary decision making, it requires prayer and the accountability of a faith community to help us know which way to go. Drawing on Christian thinkers through the ages, from Ignatius of Loyola and Jonathan Edwards to Frederick Buechner and Thomas Merton, Liebert teaches that discernment is both a spiritual gift and an acquired habit that can be honed through regular practice. To that end, she provides extensive exercises to help readers identify and work through discernment issues in their own lives. Readers should plan to take time with this book, because the exercises yield their richest rewards through careful and slow implementation—ideally over a period of 11 weeks. While the author cautions that absolute certainty is rarely possible, a diligent practice of discernment can lead to confirmation. Liebert's wise spiritual counsel will aid many seekers as they determine their next step. (Aug.) ""

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About the Author

Elizabeth Liebert is Dean of the Seminary, Vice President for Academic Affairs, and Professor of Spiritual Life at San Francisco Theological Seminary in San Anselmo, California. She is the author of many books on spirituality.

Users Review

From reader reviews:

Omar Hinojosa:

Reading can called brain hangout, why? Because while you are reading a book specifically book entitled The Way of Discernment: Spiritual Practices for Decision Making your head will drift away trough every dimension, wandering in each and every aspect that maybe not known for but surely will end up your mind friends. Imaging just about every word written in a book then become one form conclusion and explanation that will maybe you never get just before. The The Way of Discernment: Spiritual Practices for Decision Making giving you a different experience more than blown away the mind but also giving you useful information for your better life in this particular era. So now let us explain to you the relaxing pattern here is your body and mind will probably be pleased when you are finished looking at it, like winning a sport. Do you want to try this extraordinary shelling out spare time activity?

Patrick Pond:

The Way of Discernment: Spiritual Practices for Decision Making can be one of your nice books that are good idea. Many of us recommend that straight away because this book has good vocabulary which could increase your knowledge in words, easy to understand, bit entertaining however delivering the information. The writer giving his/her effort that will put every word into pleasure arrangement in writing The Way of Discernment: Spiritual Practices for Decision Making however doesn't forget the main position, giving the reader the hottest and based confirm resource facts that maybe you can be among it. This great information

can certainly drawn you into new stage of crucial imagining.

Jack Bemis:

Are you kind of occupied person, only have 10 or perhaps 15 minute in your day to upgrading your mind ability or thinking skill even analytical thinking? Then you are having problem with the book as compared to can satisfy your short period of time to read it because this all time you only find publication that need more time to be learn. The Way of Discernment: Spiritual Practices for Decision Making can be your answer mainly because it can be read by you who have those short time problems.

Robert Tanaka:

In this particular era which is the greater person or who has ability to do something more are more precious than other. Do you want to become certainly one of it? It is just simple strategy to have that. What you need to do is just spending your time not much but quite enough to enjoy a look at some books. One of many books in the top listing in your reading list is usually The Way of Discernment: Spiritual Practices for Decision Making. This book which can be qualified as The Hungry Hillside can get you closer in growing to be precious person. By looking way up and review this guide you can get many advantages.

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