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The Song of the Bird

By Anthony De Mello



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The Song of the Bird By Anthony De Mello

"Every one of these stories is about YOU." --Anthony de Mello

Everyone loves stories; and in this book the bestselling author of *Sadhana: A Way to God* shares 124 stories and parables from a variety of traditions both ancient and modern. Each story resonates with life lessons that can teach us inescapable truths about ourselves and our world.

De Mello's international acclaim rests on his unique approach to contemplation and ability to heighten self-awareness and self-discovery. His is a holistic approach, and in the words of one reviewer: "his mysticism cuts across all times and peoples and is truly a universal invitation." *The Song of the Bird* uses the familiar yet enduring medium of the story to illustrate profound realities that bring us in touch with the problems and concerns of daily life, as well as with our common spiritual quest. The aim is to develop the art of *tasting* and *feeling* the message of each story to the point that we are transformed. "Let the story speak to your heart, not to your brain," the author directs. "This may make something of a mystic out of you."

Enhanced by lovely ink drawings, this is indeed a volume to treasure, to share, and to read many times over, for it is everyone's best companion on the road to spiritual growth.



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Editorial Review

From the Publisher

Anthony de Mello shares 124 stories from a variety of traditions, both ancient and modern, using the age-old medium of parable to illustrate profound contemporary realities about our everyday concerns and our common spiritual quest.

From the Inside Flap

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About the Author

Anthony De Mello was a Jesuit priest known throughout the world for his writings and spiritual conferences. He died suddenly in 1987. Among his many books are *Sadhana* and *Awareness*.

Users Review

From reader reviews:

Gregory Holloman:

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