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The Baby Whisperer Solves All Your Problems: Sleeping, Feeding, and Behavior--Beyond the Basics from Infancy Through Toddlerhood

By Tracy Hogg, Melinda Blau



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The Baby Whisperer Solves All Your Problems: Sleeping, Feeding, and Behavior--Beyond the Basics from Infancy Through Toddlerhood By Tracy Hogg, Melinda Blau

The third book in the bestselling Baby Whisperer series—the most comprehensive, up-close, and personal to date!

Thousands of parents have asked the Baby Whisperer to help them solve their problems. With this book you too can take advantage of the advice, insights, and parenting techniques from beloved child expert Tracy Hogg. “A problem is nothing more than a situation calling for a creative solution,” she reminds us. “Ask the right questions and you’ll come up with the right answers.”

Once you learn how to translate *banguage*, the “baby-language” your infant uses to communicate needs, feelings, and opinions, you can see your child for who he or she really is—an understanding that will serve you well as your child blossoms into the toddler years. By helping you establish a daily routine and tailor your parenting strategies according to your child’s unique personality and stage of development, Tracy will teach you how to:

- Ask the Twelve Essential Questions to recognize potential problems and employ the Twelve Principles of Problem Solving—simple troubleshooting techniques for everyday situations
- Avoid, or remedy, accidental parenting—inadvertent adult behavior that often leads to such common parenting challenges as sleep problems, poor eating habits, separation anxiety, and tantrums
- Be a P.C. parent—*patient and conscious*—who knows how to detect prime times—windows of opportunity for teaching babies how to get to sleep on their own, introducing bottles to breast-fed babies, toilet training, and other growth issues
- Inhibit runaway emotions and foster his or her emotional fitness—the ability to understand and manage feelings

...and so much more. For Tracy’s fans, this book will be a welcome addition to the Hogg library; for readers unfamiliar with her philosophy of care, it will open

a new world of understanding and insight.

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Editorial Review

Review

"The high-spirited Hogg is humorous yet relentless in her quest to help parents find out why their baby acts a certain way.... [her] followers will no doubt be delighted."

-- *Publishers Weekly*

About the Author

Tracy Hogg devoted her twenty-five-year career to helping parents understand and communicate with their babies and young children. A nurse, lactation educator, and newborn consultant, Hogg's sensible and compassionate philosophy, now translated into more than twenty languages, is known throughout the world.

Melinda Blau is an award-winning journalist who has written fifteen books and more than 100 magazine articles. Since 2000, when she began collaborating with the late Tracy Hogg, Blau has been the "voice" of the bestselling Baby Whisperer books.

Users Review

From reader reviews:

Rafael Rainey:

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