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## Nasty Bosses : How to Deal with Them without Stooping to Their Level

By Jay Carter



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Nasty Bosses : How to Deal with Them without Stooping to Their Level By Jay Carter

**The bestselling expert on>nasty behavior sets his sights on bad bosses**

In the straightforward and popular style of Dr. Carter's previous three books (*Nasty People*, *Nasty Men*, and *Nasty Women*), *Nasty Bosses* provides no-nonsense insights into bad-tempered behavior, offering proven techniques for handling every harmful moment inflicted by snide superiors. > Combining humor with the know-how of a trained psychologist, Dr. Carter offers strategies for:

- Navigating around the "The Carrot Dangler"--the boss who motivates with the promise of a promotion but never delivers
- Discerning the deceptive "Two Face"--the supervisor who tells everyone a different story to try to please them all
- Coping with "The Crusader"--the chief who demands fanatical hard work and dedication from employees but "guilts" them, "misers" them, and demeans them
- Dealing with "The Chucky Boss"--when this boss is through using you, you get chunked in the "wasted" bin
- Contending with "The Noper"--the leader who rejects your ideas only to later implement them as his own



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### **Editorial Review**

From the Back Cover

#### **Sanity-saving solutions for dealing with bad bosses!**

A nasty boss is a force to be reckoned with--one that can wreak havoc on your life at work and at home. With a nasty boss, you're on the job around the clock: you worry about job security while taking a shower; you run three red lights on the way home because you're busy hatching plans to get in your boss's good graces; you waste the weekend simmering with anger over the latest office mandate. Nasty Bosses is your passport to a happier, calmer, and saner life.

In this sanity-saving guide, Dr. Jay Carter, the bestselling expert on nasty behavior, sets his sights on problem bosses. He provides no-nonsense insights into bad-tempered behavior, offering proven techniques for handling snide superiors.

Combining humor with the know-how of a trained psychologist and former corporate manager, Dr. Carter offers strategies for:

- Navigating around the Carrot Dangler--the boss who motivates with promises but never delivers
- Discerning the deceptive Two-Face--the supervisor who tells everyone a different story to appease them all
- Coping with the Crusader--the chief who demands fanatical hard work and dedication from employees but doesn't return the favor
- Dealing with the Noper--the leader who rejects your ideas only to later implement them as his or her own
- And many other types of nasty bosses

#### **About the Author**

**Jay Carter, P.D.**, is a psychologist and former corporate manager specializing in anger management and corporate issues. The author of Nasty People, Nasty Men, and Nasty Women, he has appeared on more than one hundred television and radio shows.

### **Users Review**

#### **From reader reviews:**

##### **Terry Sugg:**

This Nasty Bosses : How to Deal with Them without Stooping to Their Level book is just not ordinary book, you have it then the world is in your hands. The benefit you get by reading this book is actually information inside this book incredible fresh, you will get facts which is getting deeper anyone read a lot of information you will get. This Nasty Bosses : How to Deal with Them without Stooping to Their Level without we understand teach the one who reading it become critical in imagining and analyzing. Don't end up being worry Nasty Bosses : How to Deal with Them without Stooping to Their Level can bring when you are and not make your carrier space or bookshelves' come to be full because you can have it in the lovely laptop even telephone. This Nasty Bosses : How to Deal with Them without Stooping to Their Level having good

arrangement in word and layout, so you will not sense uninterested in reading.

**Joanna Weekley:**

This book untitled Nasty Bosses : How to Deal with Them without Stooping to Their Level to be one of several books in which best seller in this year, this is because when you read this e-book you can get a lot of benefit in it. You will easily to buy this particular book in the book retail store or you can order it by means of online. The publisher with this book sells the e-book too. It makes you quicker to read this book, as you can read this book in your Smart phone. So there is no reason for you to past this guide from your list.

**Ruth Santiago:**

Spent a free a chance to be fun activity to perform! A lot of people spent their sparetime with their family, or their own friends. Usually they accomplishing activity like watching television, about to beach, or picnic within the park. They actually doing same every week. Do you feel it? Would you like to something different to fill your own personal free time/ holiday? Could possibly be reading a book can be option to fill your free time/ holiday. The first thing that you ask may be what kinds of guide that you should read. If you want to try look for book, may be the book untitled Nasty Bosses : How to Deal with Them without Stooping to Their Level can be good book to read. May be it might be best activity to you.

**Barbara Kyle:**

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