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Sexy Prostate: Male G-Spot Massage For Pleasure and Health

By Erika Thost MD



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Sexy Prostate: Male G-Spot Massage For Pleasure and Health By Erika Thost MD

Did you know that basically every man is curious about prostate pleasure? However this is the last taboo so they may not feel comfortable talking about that interest. And they may not want to actually do anything anything about that interest at the moment. However they do want to know more.

So here Dr Erika Thost gives you an easy and relaxed way to get that information for both the men and the women: how to go about giving him prostate pleasure. We are breaking down the last frontier of the unspeakable!

This book is not about prostate cancer. This book is only about promoting prostate pleasure and prostate health. If we pay some positive attention to the prostate now, there may be fewer problems down the line.

This book gives you clear and detailed instructions for doing a prostate massage. It includes answers to all those questions that you were afraid to ask. And you get this information in an accessible and light-hearted way.

And the other reason to pay attention to the prostate: basically every man has some prostate issues in middle age. And in this book we talk about ways to promote prostate health by doing prostate massage.

The biggest prize goes to those who are willing to experiment!

You will learn about:

- How to make it easy for the woman: easy to learn and easy to do
- How you miss out by not doing it
- How to make it a turn on for the woman
- How to do it safely and comfortably
- How to keep it clean
- Which supplies you need
- Why you want to do this
- How it makes the male orgasm better
- How to turn him on and get him ready - nice and slow
- How to do this as a quickie

Everything you have always wanted to know - all in one place in a friendly and humorous style.

And there is also a chapter on how to do this from a totally different non-sexual angle: how it works to have a therapeutic prostatic massage by a medical professional for prostate problems or for preventative care.

Dr Erika says to men:

If you have any problems, however minor or major, that are related to prostate problems such as urinary and / or sexual function, please do not continue to suffer: there are ways for you to feel better. So do take action now so that you can enjoy life to the fullest! Don't believe the myth that these issues automatically come with aging and that there is nothing you can do about them. Find the care that you need. Fight the good fight for yourself so that you can be at the top of your game and feel that you have your life back!

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Editorial Review

Review

"This is a much needed and timely resource for couples' sexual enhancement. The stigma of 'prostate massage' can take a back door, now that this information has been presented so well by Dr. Erika in this new guide."

-- Dr. Patti Britton, Clinical Sexologist, Co-Founder of SexCoachU.com, and host of over 40 couples' sexual enhancement DVDs

"I found this book very engaging and accessible. If sex education and counseling, in general, could be addressed in such a natural and pragmatic way, I believe this world would be a better place and sex therapy would be rarely required. Dr Erika's book satisfies a curiosity which frequently arises in clinical consultations. I will recommend her book to all the patients who (timidly) inquire about prostate sexual stimulation or to any couples asking to expand their repertoire and nurture or enhance their intimacy."

--Jeannette Potts MD, Men's Health Specialist. Editor / author of urological textbooks: Essential Urology, Genitourinary Pain and Inflammation, and Men's Health.

"Dr. Thost takes the prostate out of the Dr.'s office and into the bedroom. She demystifies prostate health and pleasure in her playful and easily accessible style."

--Jacqueline Richard, Psy.D., AASECT Certified Sex Therapist

"Loved it! Dr. Thost's book, Sexy Prostate, is very well-written, educational and fun with specific information for both men and women on how to navigate a long overlooked arena in human sexuality -- the pleasuring of the prostate. A definite breakthrough for heightening the sexual experience. A must read!"

-- A.R.C., LMFT

"An approachable tone to a sensitive topic"

--Linda Leviton, LMFT. Author of Peace Within, Peace Between: Your Relationship Toolkit.

"Dr Erika knows how important the prostate is, and what's more, she knows how much pleasure it can give. Easy for any partner to learn, her instructions are key to prostate health and bliss."-- Carol Queen, co-author of The Sex & Pleasure Book: Good Vibrations Guide to Great Sex for Everyone. Director, The Center for Sex & Culture, San Francisco

"Dr. Thost has compiled important information that can change lives in so many positive ways. This book is entertaining, fun, and opens up new vistas of health pleasure. I highly endorse it."--Thomas A. Reaper, MD, MPH

About the Author

Dr Erika Thost has had decades of experience as a medical doctor and a teacher of sexuality. She is dedicated to enhancing prostate health for her patients and for all men. Her private practice is in Santa Barbara, CA.

Users Review

From reader reviews:

Willie Long:

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Donald Scott:

Information is provisions for individuals to get better life, information these days can get by anyone with everywhere. The information can be a understanding or any news even restricted. What people must be consider whenever those information which is within the former life are difficult to be find than now's taking seriously which one would work to believe or which one typically the resource are convinced. If you obtain the unstable resource then you buy it as your main information you will have huge disadvantage for you. All those possibilities will not happen in you if you take Sexy Prostate: Male G-Spot Massage For Pleasure and Health as your daily resource information.

Kristopher Lewis:

The guide untitled Sexy Prostate: Male G-Spot Massage For Pleasure and Health is the e-book that recommended to you to learn. You can see the quality of the guide content that will be shown to you. The language that writer use to explained their ideas are easily to understand. The copy writer was did a lot of exploration when write the book, to ensure the information that they share for your requirements is absolutely accurate. You also could get the e-book of Sexy Prostate: Male G-Spot Massage For Pleasure and Health from the publisher to make you much more enjoy free time.

Robert Mayo:

People live in this new moment of lifestyle always try to and must have the spare time or they will get great deal of stress from both day to day life and work. So , whenever we ask do people have time, we will say absolutely of course. People is human not just a robot. Then we consult again, what kind of activity have you got when the spare time coming to anyone of course your answer will unlimited right. Then do you ever try this one, reading guides. It can be your alternative inside spending your spare time, often the book you have read is definitely Sexy Prostate: Male G-Spot Massage For Pleasure and Health.

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