



Spirit Junkie: A Radical Road to Self-Love and Miracles

By Gabrielle Bernstein



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How does a New York City publicist and party girl turn into a go to guide for the next generation? In her new book, ***Spirit Junkie: A Radical Road to Self-Love and Miracles***, Gabrielle Bernstein shares the story of how she transformed her life, offering her spiritual journey as a guidebook for overcoming fear, changing perceptions, and creating a life you're psyched to wake up for. Bernstein has traded self-doubt and addiction for a new kind of high. In 2005 she became a student of A Course in Miracles and since then she has been guided to teach those spiritual principles to the next generation of seekers.

From the Hardcover edition.



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Spirit Junkie: A Radical Road to Self-Love and Miracles By Gabrielle Bernstein Bibliography

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Editorial Review

Amazon.com Review

Guest Reviewer: Kris Carr on *Spirit Junkie* by Gabrielle Bernstein



Kris Carr is a New York Times best-selling author, motivational speaker and wellness coach. She is the subject of the inspirational documentary, *Crazy Sexy Cancer*, which she wrote and directed for TLC, and the author of the groundbreaking *Crazy Sexy Cancer* book series. Kris' third book, *Crazy Sexy Diet* is the ultimate diet and lifestyle game plan for wellness warriors seeking peak health, spiritual wealth and happiness. Her motto: Make juice not war!

I couldn't put *Spirit Junkie* down. It's a beautiful book with a profound message: choose love. But let me be clear. *Spirit Junkie* isn't your garden-variety new age tome. It's hip, fresh, edgy, and raw--just like Gabrielle Bernstein. Through personal memoir and modern interpretations of *A Course in Miracles*, Gabrielle shows us that an intoxicatingly happy and baggage-free life is possible if we're willing to break our fear-based habits. Simply put, Gabby is a force, a trailblazer, a powerful spiritual leader for the next generation. She inspires her readers to rise up and walk the talk along with her. No matter where you are on your personal journey, this book is a terrific addition to your soul toolkit. Let *Spirit Junkie* be one of your manuals for a better life and then share the information with everyone you know. I will hold many of its wisdom pearls close to my heart.

Review

"So long, Carrie Bradshaw--there's a new role model for go-getting thirty-somethings. Gabrielle Bernstein is doling out inner peace and self-love for the postmodern spiritual set."

—*Elle Magazine*

"Gabrielle is one of my most treasured soul sisters and a *true* 'Spirit Junkie' in the *most* fun and exhilarating ways imaginable! I read Gabby's books for spiritual life lessons on how to love myself and others more deeply and with authentic honesty. Open your hearts to this beautiful goddess-diva and, most important, discover the one that lives inside you!"

—Eliza Dushku

"A decade ago, young women like Ms. Bernstein might have been expected to chase the lifestyle of high heels and pink drinks...But now there is a new role model for New York's former Carrie Bradshaws...well

versed in self-help and New Age spirituality...Ms. Bernstein is one of a circle of such figures, influenced less by the oeuvre of Candace Bushnell than that of Marianne Williamson.”

—*The New York Times*

“For those ready to give up their addiction to suffering or who simply need to release the general malaise of a too-busy, too shallow way of life, *Spirit Junkie* is a soothing balm for the soul. Gabrielle Bernstein is a brilliant shining guide for all who seek to have more love, more light and more miracles in their life.”

—Arielle Ford, author of *The Soulmate Secret*

“In this mixture of humor, grief and how-to instructions on achieving enlightenment, Bernstein offers more than just autobiography or a user’s guide to meditation . . . A groovy blend of meditative and instructive writing.”--Kirkus

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Users Review

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James Blouin:

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Donald Vermillion:

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