



Summer Fit Fourth to Fifth Grade: Math, Reading, Writing, Language Arts + Fitness, Nutrition and Values

By Inc Active Planet Kids, Kelly Terrill



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Summer Fit Fourth to Fifth Grade: Math, Reading, Writing, Language Arts + Fitness, Nutrition and Values By Inc Active Planet Kids, Kelly Terrill

Summer Fit Activity Books move summer learning beyond academics to also prepare children physically and socially for the grade ahead. Academic exercises are based on Common Core standards and include skills in math, reading, writing, language arts and science. Fitness exercises are designed to jump start the recommended 60 minutes of active play a day that children need to grow up healthy. Role models from throughout the world including Rosa Parks, Bethany Hamilton and Mother Teresa help reinforce core values such as honesty, respect and trustworthiness. Summer Fit extends the summer learning experience online with free reading and math digital downloads, book reports, health and wellness activities and fitness videos. * Based on Common Core: math, reading, writing, language arts and science * Exercises jump start the recommended 60 minutes of daily movement and play * Role models reinforce core values, good character and social skills * Integrated academics and physical activities reinforce the importance of the body-brain connection * Free digital downloads



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Editorial Review

Review

I have been in the entertainment industry making movies for families and young people for over 35 years and it is a rare to run into an educational workbook that is so relevant to both parents and children and presented in such a fun and engaging way for both. Summer Fit speaks to today's families and uses the world of technology and print to bridge the worlds of fitness and education. It is cool, it is fun and above all will make a difference in the lives of children who use it- -- Tim Nelson, Holy Cow! Productions and Feature Film for Families

About the Author

Active Planet Kids (APK) is an Active Lifestyle and Educational company that focuses on both cognitive and non-cognitive development to create whole child learning experiences. APK products and resources help parents and children build healthy lifestyles, leadership and social responsibility as part of their overall academic success.

Kelly Terrill is an educator and mother of seven who knows what it takes to challenge her children to to strive for their unique, personal best. Balancing her life as an educator and mother Terrill is well organized, disciplined and committed to making a positive impact on her students/children. Kelly received her degree in education from the University of Utah and went on to work in Special Education and after-school programs before settling into her role as active parent and educator.

Users Review

From reader reviews:

Lisa Martin:

Book is actually written, printed, or outlined for everything. You can recognize everything you want by a guide. Book has a different type. As it is known to us that book is important point to bring us around the world. Alongside that you can your reading ability was fluently. A publication Summer Fit Fourth to Fifth Grade: Math, Reading, Writing, Language Arts + Fitness, Nutrition and Values will make you to become smarter. You can feel considerably more confidence if you can know about almost everything. But some of you think this open or reading any book make you bored. It is not necessarily make you fun. Why they may be thought like that? Have you searching for best book or suitable book with you?

Peter Wright:

Nowadays reading books be than want or need but also become a life style. This reading habit give you lot of advantages. The benefits you got of course the knowledge the rest of the information inside the book in

which improve your knowledge and information. The knowledge you get based on what kind of publication you read, if you want attract knowledge just go with education books but if you want feel happy read one having theme for entertaining including comic or novel. Often the Summer Fit Fourth to Fifth Grade: Math, Reading, Writing, Language Arts + Fitness, Nutrition and Values is kind of book which is giving the reader erratic experience.

Ann McLemore:

The reason? Because this Summer Fit Fourth to Fifth Grade: Math, Reading, Writing, Language Arts + Fitness, Nutrition and Values is an unordinary book that the inside of the guide waiting for you to snap this but latter it will surprise you with the secret the idea inside. Reading this book next to it was fantastic author who else write the book in such awesome way makes the content inside of easier to understand, entertaining technique but still convey the meaning completely. So , it is good for you for not hesitating having this any more or you going to regret it. This phenomenal book will give you a lot of positive aspects than the other book get such as help improving your skill and your critical thinking method. So , still want to delay having that book? If I were you I will go to the e-book store hurriedly.

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