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Fire and Smoke: A Pitmaster's Secrets

By Chris Lilly



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Fire and Smoke: A Pitmaster's Secrets By Chris Lilly

Grill like a pro with the expert recipes and tips in this cookbook from Big Bob Gilson Bar-B-Q's executive chef, Chris Lilly.

World champion pitmaster Chris Lilly combines the speed of grilling with the smoky flavors of low-and-slow barbecue for great meals any night of the week, no fancy equipment required. Cook trout in a cast-iron skillet nestled right in smoldering coals for a crispy yet tender and flaky finish. Roast chicken halves in a pan on a hot grill, charring the skin while capturing every bit of delicious juice. Infuse delicious smoke flavors into fruits and vegetables, even cocktails and desserts. *Fire and Smoke* gives you 100 great reasons to fire up your grill or smoker tonight.



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Fire and Smoke: A Pitmaster's Secrets By Chris Lilly Bibliography

- Sales Rank: #194604 in Books
- Published on: 2014-04-22
- Released on: 2014-04-22
- Original language: English
- Number of items: 1
- Dimensions: 9.70" h x .75" w x 7.70" l, 1.81 pounds
- Binding: Paperback
- 256 pages

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Editorial Review

About the Author

CHRIS LILLY is vice president, executive chef, and partner of Big Bob Gibson Bar-B-Q. The Big Bob Gibson Bar-B-Q Competition Cooking Team has won more than ten World BBQ titles in pork, chicken, ribs, and beef, and four World Grand Championships at "Memphis in May." Lilly is married to the great-granddaughter of BBQ legend Big Bob Gibson and is the author of *Big Bob Gibson's BBQ Book*.

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