

21 Power Tools of Reiki: A guide to maximise the power of reiki

By Abhishek Thakore, Usha Thakore



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Are you suffering from ailments your doctor has no satisfactory remedy for? Why not try Reiki? If channelized properly, Reiki can be used for some very specific purposes with astonishing results. Through the 21 power tools, this book teaches you just how, in a step-by-step manner. The outcome of five years research, this book is a collection of different methods and tools that make Reiki most effective by concentrating on the flow of energy. The book outlines these tools that you could use for every occasion. Highlights: *Tools for every occasion *How to use Reiki for specific purposes *The benefits of awareness and detachment *Relaxation and distress through specific forms of meditation and the power of affirmations and the Reiki Prayer *Manitain health and vitality through Tibetan exercises *The benefits of salt water bath and aura cleansing...and much much more



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