



# **Adult Development and Aging: Biopsychosocial Perspectives**

By Susan Krauss Whitbourne, Stacey B. Whitbourne



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The fourth edition continues to provide psychologists with a fresh and engaging approach to the field of psychology of adult development and aging. It focuses on three themes: a multidisciplinary approach, positive images of aging, and the newest and most relevant research. Recent articles and updates to the information on demography, economics, and public policy are presented. The *Aging in the News* feature includes a story of a remarkable achievement by a middle-aged or older adult. The *Assess Yourself* boxes are also updated with new questions. Psychologists appreciate this mix of examples and discussions that make the material come to life.



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