



 Get Print Book

Harnessing the Power of Equine Assisted Counseling: Adding Animal Assisted Therapy to Your Practice

By Kay Sudekum Trotter



Download



Read Online

Harnessing the Power of Equine Assisted Counseling: Adding Animal Assisted Therapy to Your Practice By Kay Sudekum Trotter

This book will help licensed professional counselors incorporate Equine Assisted Counseling (EAC) into their practices, even those who have little prior experience working with horses. It provides a strong research foundation for understanding the efficacy of equine assisted interventions and the potentially powerful impact that a horse can have in creating a new counseling dynamic. Chapters address using horses to help clients dealing with various traumas and abuse, anxiety, depression, atypical behaviors, and social skills and communication issues. Additionally, a chapter by the internationally renowned "horse whisperer" Pat Parelli offers a look at EAC from the horse's point of view and demonstrates developing a relationship with a therapy horse in a positive, safe, and respectful manner. Counselors will find this a valuable resource for understanding and utilizing EAC as a new resource in their own practices, as will students seeking to learn about this innovative approach.



[Download Harnessing the Power of Equine Assisted Counseling ...pdf](#)



[Read Online Harnessing the Power of Equine Assisted Counseli ...pdf](#)

Harnessing the Power of Equine Assisted Counseling: Adding Animal Assisted Therapy to Your Practice

By Kay Sudekum Trotter

Harnessing the Power of Equine Assisted Counseling: Adding Animal Assisted Therapy to Your Practice By Kay Sudekum Trotter

This book will help licensed professional counselors incorporate Equine Assisted Counseling (EAC) into their practices, even those who have little prior experience working with horses. It provides a strong research foundation for understanding the efficacy of equine assisted interventions and the potentially powerful impact that a horse can have in creating a new counseling dynamic. Chapters address using horses to help clients dealing with various traumas and abuse, anxiety, depression, atypical behaviors, and social skills and communication issues. Additionally, a chapter by the internationally renowned "horse whisperer" Pat Parelli offers a look at EAC from the horse's point of view and demonstrates developing a relationship with a therapy horse in a positive, safe, and respectful manner. Counselors will find this a valuable resource for understanding and utilizing EAC as a new resource in their own practices, as will students seeking to learn about this innovative approach.

Harnessing the Power of Equine Assisted Counseling: Adding Animal Assisted Therapy to Your Practice By Kay Sudekum Trotter Bibliography

- Sales Rank: #841152 in eBooks
- Published on: 2012-04-27
- Released on: 2012-04-27
- Format: Kindle eBook

 [Download Harnessing the Power of Equine Assisted Counseling ...pdf](#)

 [Read Online Harnessing the Power of Equine Assisted Counseli ...pdf](#)

Download and Read Free Online Harnessing the Power of Equine Assisted Counseling: Adding Animal Assisted Therapy to Your Practice By Kay Sudekum Trotter

Editorial Review

Review

"Trotter has compiled a tremendous resource for mental health professionals interested in adding equine assisted counseling to their existing practice. I am excited and impressed by the wisdom of the many contributors she has included and I look forward to all that this field is becoming." - **Leif Hallberg, MA, LCPC, Private Practice, Bozeman, Montana**

"This book is a highly valuable resource for counselors who work with horses. It is well written and organized and provides useful, practical, and very interesting information." - **Cynthia Chandler, EdD, Professor of Counseling and Director, Center for Animal Assisted Therapy, University of North Texas**

"This book needs to be on the shelf of every EAT and AAT practitioner and in the hands of instructors and students as well. I personally loved the case studies which add an enjoyable narrative. Two thumbs up and five stars! I highly recommend it!" - **Linda Nebbe PhD, LMHC, Assistant Professor of Counseling, University of Northern Iowa, and AAT Practitioner**

About the Author

Kay Sudekam Trotter, PhD, is the Founder of Equine Partners in Counseling (EPIC), a structure to develop resources for counselors to utilize in incorporating equine assisted counseling into more traditional counseling modalities. She is also President of Counseling Services PLLC in Flower Mound, Texas.

Users Review

From reader reviews:

Sally Watts:

As people who live in the particular modest era should be change about what going on or info even knowledge to make all of them keep up with the era which is always change and advance. Some of you maybe will update themselves by examining books. It is a good choice in your case but the problems coming to you is you don't know which one you should start with. This Harnessing the Power of Equine Assisted Counseling: Adding Animal Assisted Therapy to Your Practice is our recommendation to cause you to keep up with the world. Why, as this book serves what you want and need in this era.

Amanda Despain:

Now a day individuals who Living in the era just where everything reachable by connect with the internet and the resources included can be true or not require people to be aware of each details they get. How

individuals to be smart in having any information nowadays? Of course the answer is reading a book. Looking at a book can help people out of this uncertainty Information particularly this Harnessing the Power of Equine Assisted Counseling: Adding Animal Assisted Therapy to Your Practice book as this book offers you rich info and knowledge. Of course the knowledge in this book hundred % guarantees there is no doubt in it you know.

Heather Robertson:

In this period of time globalization it is important to someone to obtain information. The information will make a professional understand the condition of the world. The healthiness of the world makes the information much easier to share. You can find a lot of personal references to get information example: internet, classifieds, book, and soon. You can observe that now, a lot of publisher in which print many kinds of book. The particular book that recommended for you is Harnessing the Power of Equine Assisted Counseling: Adding Animal Assisted Therapy to Your Practice this guide consist a lot of the information of the condition of this world now. This specific book was represented how does the world has grown up. The words styles that writer use to explain it is easy to understand. The writer made some study when he makes this book. That is why this book suited all of you.

Veronica Shriner:

As we know that book is important thing to add our information for everything. By a book we can know everything we really wish for. A book is a set of written, printed, illustrated or maybe blank sheet. Every year seemed to be exactly added. This e-book Harnessing the Power of Equine Assisted Counseling: Adding Animal Assisted Therapy to Your Practice was filled regarding science. Spend your time to add your knowledge about your research competence. Some people has several feel when they reading some sort of book. If you know how big benefit from a book, you can truly feel enjoy to read a reserve. In the modern era like now, many ways to get book that you just wanted.

Download and Read Online Harnessing the Power of Equine Assisted Counseling: Adding Animal Assisted Therapy to Your Practice By Kay Sudekum Trotter #IG32PMS8Y71

Read Harnessing the Power of Equine Assisted Counseling: Adding Animal Assisted Therapy to Your Practice By Kay Sudekum Trotter for online ebook

Harnessing the Power of Equine Assisted Counseling: Adding Animal Assisted Therapy to Your Practice By Kay Sudekum Trotter Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Harnessing the Power of Equine Assisted Counseling: Adding Animal Assisted Therapy to Your Practice By Kay Sudekum Trotter books to read online.

Online Harnessing the Power of Equine Assisted Counseling: Adding Animal Assisted Therapy to Your Practice By Kay Sudekum Trotter ebook PDF download

Harnessing the Power of Equine Assisted Counseling: Adding Animal Assisted Therapy to Your Practice By Kay Sudekum Trotter Doc

Harnessing the Power of Equine Assisted Counseling: Adding Animal Assisted Therapy to Your Practice By Kay Sudekum Trotter Mobipocket

Harnessing the Power of Equine Assisted Counseling: Adding Animal Assisted Therapy to Your Practice By Kay Sudekum Trotter EPub