



 [Get Print Book](#)

Shaman, M.D.: A Plastic Surgeon's Remarkable Journey into the World of Shapeshifting

By Eve Bruce



[Download](#)



[Read Online](#)

Shaman, M.D.: A Plastic Surgeon's Remarkable Journey into the World of Shapeshifting By Eve Bruce

A highly successful plastic surgeon embraces shamanic healing techniques and helps her patients experience true beauty and ecstasy.

- The author has been featured by *Healthy Living* magazine as one of the top 19 holistic healers for the millennium.
- Shows readers how to embody the spiritual within the physical to shapeshift their lives on all levels.
- Both an exceptional personal journey and an extraordinary exploration of the nature of real healing.

As a dual board-certified plastic and reconstructive surgeon *and* the first non-Quechua woman to be initiated into the Circle of Yachaks (bird-people shamans of the Andes), Dr. Eve Bruce sees herself as an agent of change in both worlds.

After traveling to Central and South America to study indigenous healing techniques, Bruce realized that although our culture is obsessed with narrowly defined standards of physical beauty, we actually devalue the physical because we separate it from the spiritual. She saw that her plastic surgery patients who felt ashamed of their "vanity" had the least successful outcomes. Those ready for change on emotional and spiritual levels were able to use the physical "shapeshift" provided by the surgeon's knife to transform their entire lives. By integrating the two healing modalities of surgeon and shaman, Bruce is able to help people shapeshift into newfound health on all levels--physical, emotional, and spiritual.

Because she bore her first child at sixteen, rose to the challenges of single motherhood, and worked her way through medical school, Bruce learned early to redirect the flow of her life, turning apparent obstacles into opportunities. As a powerful example of the human capacity for self-transformation, Bruce is uniquely qualified to inspire readers to redirect their own lives to places of beauty and self-acceptance.

 [Download Shaman, M.D.: A Plastic Surgeon's Remarkable ...pdf](#)

 [Read Online Shaman, M.D.: A Plastic Surgeon's Remarkabl ...pdf](#)

Shaman, M.D.: A Plastic Surgeon's Remarkable Journey into the World of Shapeshifting

By Eve Bruce

Shaman, M.D.: A Plastic Surgeon's Remarkable Journey into the World of Shapeshifting By Eve Bruce

A highly successful plastic surgeon embraces shamanic healing techniques and helps her patients experience true beauty and ecstasy.

- The author has been featured by *Healthy Living* magazine as one of the top 19 holistic healers for the millennium.
- Shows readers how to embody the spiritual within the physical to shapeshift their lives on all levels.
- Both an exceptional personal journey and an extraordinary exploration of the nature of real healing.

As a dual board-certified plastic and reconstructive surgeon *and* the first non-Quechua woman to be initiated into the Circle of Yachaks (bird-people shamans of the Andes), Dr. Eve Bruce sees herself as an agent of change in both worlds.

After traveling to Central and South America to study indigenous healing techniques, Bruce realized that although our culture is obsessed with narrowly defined standards of physical beauty, we actually devalue the physical because we separate it from the spiritual. She saw that her plastic surgery patients who felt ashamed of their "vanity" had the least successful outcomes. Those ready for change on emotional and spiritual levels were able to use the physical "shapeshift" provided by the surgeon's knife to transform their entire lives. By integrating the two healing modalities of surgeon and shaman, Bruce is able to help people shapeshift into newfound health on all levels--physical, emotional, and spiritual.

Because she bore her first child at sixteen, rose to the challenges of single motherhood, and worked her way through medical school, Bruce learned early to redirect the flow of her life, turning apparent obstacles into opportunities. As a powerful example of the human capacity for self-transformation, Bruce is uniquely qualified to inspire readers to redirect their own lives to places of beauty and self-acceptance.

Shaman, M.D.: A Plastic Surgeon's Remarkable Journey into the World of Shapeshifting By Eve Bruce
Bibliography

- Sales Rank: #1666461 in Books
- Brand: Brand: Destiny Books
- Published on: 2002-01-01
- Released on: 2002-01-01
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x .40" w x 6.00" l, .75 pounds

- Binding: Paperback
- 192 pages

 [Download Shaman, M.D.: A Plastic Surgeon's Remarkable ...pdf](#)

 [Read Online Shaman, M.D.: A Plastic Surgeon's Remarkabl ...pdf](#)

Download and Read Free Online Shaman, M.D.: A Plastic Surgeon's Remarkable Journey into the World of Shapeshifting By Eve Bruce

Editorial Review

Review

"This book should be required reading in Medical School.& Eve Bruce is a medical scientist by training, whose life experiences have taught her the true spirit and art of healing. . . . An inspiring journey that will be savored by all." (*Stephan Rechtschaffen, M.D., Co-Founder, CEO--Omega Institute for Holistic Studies, author of Time S*)

"Eve Bruce's incredible Shaman, M.D. leads the reader into a world where pain, suffering, and fear open the doors to hope, healing, and courage. We are drawn into an ecstatic journey like the ones she has taken with shamans of the Andes and Amazon, Himalayan oracles, and African sangomas. Reading this book is a life-changing experience." (*John Perkins, author of Spirit of the Shuar*)

"This book is for anyone who wants to learn more about holistic healing or the human capacity for self-transformation." (*Carolyn Caselli, Magical Blend's Natural Beauty & Health, Summer 2002*)

"*Shaman MD* offers a way outside the box of Western culture and its view of healing. I highly recommend it." (*Jule Klotter, Townsend Letter for Doctors & Patients, April 2003*)

From the Back Cover

SHAMANISM / HEALTH

"This book should be required reading in medical school. Eve Bruce is a medical scientist by training, whose life experiences have taught her the true spirit and art of healing. . . . An inspiring journey that will be savored by all."

--Stephan Rechtschaffen, M.D., cofounder and CEO of Omega Institute for Holistic Studies and author of *Time Shifting*

"Eve Bruce's incredible *Shaman, M.D.* leads the reader into a world where pain, suffering, and fear open the doors to hope, healing, and courage. We are drawn into an ecstatic journey like the ones she has taken with shamans of the Andes and Amazon, Himalayan oracles, and African sangomas. Reading this book is a life-changing experience!"

--John Perkins, author of *Spirit of the Shuar*

As a dual board-certified plastic and reconstructive surgeon and the first non-Quechua woman to be initiated into the Circle of Yachaks (bird-people shamans of the Andes), Dr. Eve Bruce sees herself as an agent of change in both worlds.

After traveling to the Andes and the Amazon River basin of South America to study indigenous healing techniques, Bruce realized that although our culture is obsessed with narrowly defined standards of physical beauty, we actually devalue the physical because we separate it from the spiritual. She saw that her plastic surgery patients who felt ashamed of their "vanity" had the least successful outcomes. Those ready for change on emotional and spiritual levels were able to use the physical "shapeshift" provided by the surgeon's knife to transform their entire lives. By integrating the two healing modalities of surgeon and shaman, Bruce is able to help people shapeshift into newfound health on all levels--physical, emotional, and spiritual.

Because she bore her first child at sixteen, rose to the challenges of single motherhood, and worked her way through medical school, Bruce learned early to redirect the flow of her life, turning apparent obstacles into opportunities. As a powerful example of the human capacity for self-transformation, Bruce is uniquely qualified to inspire readers to redirect their own lives to a place of beauty and self-acceptance.

EVE BRUCE, M.D., has a plastic surgery practice in Maryland. She also performs shamanic healings, gives workshops on shamanic techniques at Esalen and the Omega Institute, and leads shamanic study tours for the Dream Change Coalition to places as far flung as Ecuador, Tibet, and South Africa.

About the Author

Eve Bruce, M.D., has a plastic surgery practice in Maryland. She also performs shamanic healings, gives workshops on shamanic techniques at Esalen and the Omega Institute, and leads shamanic study tours for the Dream Change Coalition to places as far flung as Ecuador, Tibet, and South Africa.

Users Review

From reader reviews:

James Hill:

Book is to be different per grade. Book for children until adult are different content. To be sure that book is very important for all of us. The book Shaman, M.D.: A Plastic Surgeon's Remarkable Journey into the World of Shapeshifting ended up being making you to know about other knowledge and of course you can take more information. It doesn't matter what advantages for you. The book Shaman, M.D.: A Plastic Surgeon's Remarkable Journey into the World of Shapeshifting is not only giving you much more new information but also to be your friend when you sense bored. You can spend your current spend time to read your reserve. Try to make relationship using the book Shaman, M.D.: A Plastic Surgeon's Remarkable Journey into the World of Shapeshifting. You never sense lose out for everything in the event you read some books.

Tony Hill:

Here thing why this particular Shaman, M.D.: A Plastic Surgeon's Remarkable Journey into the World of Shapeshifting are different and dependable to be yours. First of all examining a book is good nevertheless it depends in the content of computer which is the content is as delicious as food or not. Shaman, M.D.: A Plastic Surgeon's Remarkable Journey into the World of Shapeshifting giving you information deeper since different ways, you can find any book out there but there is no guide that similar with Shaman, M.D.: A Plastic Surgeon's Remarkable Journey into the World of Shapeshifting. It gives you thrill reading journey, its open up your own eyes about the thing this happened in the world which is might be can be happened around you. It is possible to bring everywhere like in playground, café, or even in your technique home by train. When you are having difficulties in bringing the paper book maybe the form of Shaman, M.D.: A Plastic Surgeon's Remarkable Journey into the World of Shapeshifting in e-book can be your substitute.

Robert Rochester:

Precisely why? Because this Shaman, M.D.: A Plastic Surgeon's Remarkable Journey into the World of Shapeshifting is an unordinary book that the inside of the reserve waiting for you to snap this but latter it will

distress you with the secret the idea inside. Reading this book beside it was fantastic author who have write the book in such awesome way makes the content within easier to understand, entertaining means but still convey the meaning entirely. So , it is good for you because of not hesitating having this anymore or you going to regret it. This excellent book will give you a lot of rewards than the other book include such as help improving your talent and your critical thinking method. So , still want to hesitate having that book? If I have been you I will go to the publication store hurriedly.

Randall Wilmes:

As we know that book is vital thing to add our knowledge for everything. By a book we can know everything we would like. A book is a group of written, printed, illustrated as well as blank sheet. Every year was exactly added. This reserve Shaman, M.D.: A Plastic Surgeon's Remarkable Journey into the World of Shapeshifting was filled about science. Spend your spare time to add your knowledge about your scientific research competence. Some people has diverse feel when they reading any book. If you know how big benefit from a book, you can truly feel enjoy to read a guide. In the modern era like right now, many ways to get book you wanted.

Download and Read Online Shaman, M.D.: A Plastic Surgeon's Remarkable Journey into the World of Shapeshifting By Eve Bruce #QK9YUSZI2MF

Read Shaman, M.D.: A Plastic Surgeon's Remarkable Journey into the World of Shapeshifting By Eve Bruce for online ebook

Shaman, M.D.: A Plastic Surgeon's Remarkable Journey into the World of Shapeshifting By Eve Bruce Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Shaman, M.D.: A Plastic Surgeon's Remarkable Journey into the World of Shapeshifting By Eve Bruce books to read online.

Online Shaman, M.D.: A Plastic Surgeon's Remarkable Journey into the World of Shapeshifting By Eve Bruce ebook PDF download

Shaman, M.D.: A Plastic Surgeon's Remarkable Journey into the World of Shapeshifting By Eve Bruce Doc

Shaman, M.D.: A Plastic Surgeon's Remarkable Journey into the World of Shapeshifting By Eve Bruce Mobipocket

Shaman, M.D.: A Plastic Surgeon's Remarkable Journey into the World of Shapeshifting By Eve Bruce EPub