



Experiencing the Lifespan

By Janet Belsky



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In 2007, Janet Belsky's *Experiencing the Lifespan* was published to widespread instructor and student acclaim, ultimately winning the 2008 Textbook Excellence Award from the Text and Academic Authors Association.

Now that breakthrough text returns in a rigorously updated edition that explores the lifespan by combining the latest research with a practicing psychologist's understanding of people, and a teacher's understanding of students and classroom dynamics. And again, all of this in the right number of pages to fit comfortably in a single term course.



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Editorial Review

Review

Praise for Belsky's *Experiencing the Lifespan*

From Instructors:

"Belsky's treatment of life-span development is state-of-the-art, thoughtful and accessible. This is an impressive book!"

Laura L. Carstensen, Ph.D.

Director, Lifespan Director, Stanford University

"The author does a great job of taking a huge field and distilling it into basic principles and theories that can be covered in a semester."

Jayne Ogden, East Texas Baptist University

"Very impressed! I felt like I was listening to a person when reading. The author's upbeat attitude, enthusiasm, and optimistic realism come through all the time."

David Devonis, Graceland University

And Students:

"Reading it I felt I was sitting in (a great) class."

"This was a book I HAD to read for my developmental psychology class, but I must say that out of all the other psychology books, this author did a wonderful job of explaining development. I enjoyed this book and will continue to use it throughout my life."

"I have honestly never had so much pleasure reading for class. The way you have thoughtfully constructed the book for students has made the book a delight to read. Your textbook is the first one I have bought and not felt a bit disappointed having to purchase for class. To me it is the perfect textbook and I plan to keep it for my personal library!"

About the Author

JANET BELSKY is a Lecturer in Psychology at Middle Tennessee State University, USA.

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From reader reviews:

Kathie Richmond:

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The actual book Experiencing the Lifespan has a lot of knowledge on it. So when you read this book you can get a lot of profit. The book was compiled by the very famous author. The writer makes some research just before write this book. This particular book very easy to read you may get the point easily after looking over this book.

James Sweeney:

The reason why? Because this Experiencing the Lifespan is an unordinary book that the inside of the guide waiting for you to snap the idea but latter it will shock you with the secret the idea inside. Reading this book beside it was fantastic author who else write the book in such incredible way makes the content inside of easier to understand, entertaining approach but still convey the meaning entirely. So , it is good for you for not hesitating having this any longer or you going to regret it. This excellent book will give you a lot of advantages than the other book get such as help improving your proficiency and your critical thinking technique. So , still want to postpone having that book? If I were you I will go to the book store hurriedly.

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