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The School of Greatness: A Real-World Guide to Living Bigger, Loving Deeper, and Leaving a Legacy

By Lewis Howes

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The School of Greatness: A Real-World Guide to Living Bigger, Loving Deeper, and Leaving a Legacy By Lewis Howes

When a career-ending injury left elite athlete and professional football player Lewis Howes out of work and living on his sister's couch, he decided he needed to make a change for the better. He started by reaching out to people he admired, searching for mentors, and applying his past coaches' advice from sports to life off the field. Lewis did more than bounce back: He built a multimillion-dollar online business and is now a sought-after business coach, speaker, and podcast host.

In *The School of Greatness*, Howes shares the essential tips and habits he gathered in interviewing "the greats" on his wildly popular podcast of the same name. In discussion with people like Olympic gold medalist Shawn Johnson and Pencils of Promise CEO Adam Braun, Howes figured out that greatness is unearthed and cultivated from within. The masters of greatness are not successful because they got lucky or are innately more talented, but because they applied specific habits and tools to embrace and overcome adversity in their lives.

A framework for personal development, *The School of Greatness* gives you the tools, knowledge, and actionable resources you need to reach your potential. Howes anchors each chapter with a specific lesson he culled from his greatness "professors" and his own experiences to teach you how to create a vision, develop hustle, and use dedication, mindfulness, joy, and love to reach goals. His lessons and practical exercises prove that anyone is capable of achieving success and that we can all strive for greatness in our everyday lives.

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Editorial Review

Review

“Whether you're a listener of his podcast or this is your first time learning of Lewis, you will be an instant fan. Lewis' approach to achieving greatness will leave you inspired and ready to take action in all areas of your life!” ?*Jack Canfield, cocreator, Chicken Soup for the Soul® and The Success Principles: How to Get From Where You Are to Where You Want to Be™*

“For everyone who wants to live a great life-one filled with energy, meaning, and purpose-Lewis Howes provides *The School of Greatness*. It's a terrific resource with accessible, practical suggestions for transforming our lives.” ?*Gretchen Rubin, #1 New York Times bestselling author of Better Than Before and #1 New York Times bestseller The Happiness Project*

“The road to mastery requires studying under a master. This book follows the author as he apprentices under more than a dozen great men and women, each a master in their own way.” ?*Robert Greene, New York Times bestselling author of Mastery and The 48 Laws of Power*

“Lewis Howes is ridiculously inspirational. In my ideal world, he'd call me every morning and give me a 10-minute personal pep talk. This book is the next best thing. It'll make you want to hustle, create a vision and all that other good stuff.” ?*AJ Jacobs, New York Times bestselling author of The Year of Living Biblically, and editor at large at Esquire*

“I met Lewis when he was just starting out broke on his sister's couch and he hustled his way to creating an amazing life. This book will show you how to do the same for yourself!” ?*Gary Vaynerchuk, New York Times bestselling author of Jab, Jab, Jab, Right Hook*

“I never believed that "school" was my strong suit, but the life lessons that Lewis teaches throughout his book make it so easy to understand and apply to your everyday life. You finish this book feeling impacted, grateful, and inspired to learn more!” ?*Julianne Hough, Actress, Singer, Dancer from Dancing with the Stars*

“Most of life is not about our circumstances. It's about how we perceive and react to them. Lewis Howes' book, *The School of Greatness*, gives us all new ways of approaching old problems and making every action count for what matters most in life.” ?*Michael Hyatt, New York Times bestselling author of Platform: Get Noticed in a Noisy World*

“If you are looking to take your business, life, health or relationships to the next level then The School of Greatness has the inspiration, tools and resources to help you get there.” ?*Derek Halpern, SocialTriggers.com*

“With so many distractions in today's world, Lewis asks thought-provoking questions about like and legacy that will help you bring clarity and focus to your life, but most importantly challenge and move you to action.” ?*Scott Harrison, Founder and CEO, Charity Water*

“Entertaining and practical, The School of Greatness will leave you excited to embrace challenges in a whole new way.” ?*Adam Grant, Wharton professor and New York Times bestselling author of Give and Take*

About the Author

Lewis Howes is an online marketing expert, sought-after business coach, podcast and webinar host, speaker, and angel investor. He is the host of "The School of Greatness" podcast. He was recognized in a 2013 White House ceremony by President Obama as one of the top 100 entrepreneurs in the country under age 30. He lives in West Hollywood, CA.

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