



# The Personal Success Handbook: Everything You Need to Be Successful

By Curly Martin



The Personal Success Handbook: Everything You Need to Be Successful By Curly Martin

Curly Martin has done it again! Building on the success of the best-selling *The Life Coaching Handbook: Everything You Need to be an Effective Life Coach* (ISBN 9781899836710) and *The Business Coaching Handbook: Everything You Need To be Your Own Business Coach* (ISBN 9781845900601) comes *The Personal Success Handbook: Everything You Need to be Successful.* This title is aimed at the individual, as it leads readers on a journey to define success. We are all different and success means different things to different people. Once defined, she encourages us to look at ways to be successful in many different elements of life. Chapters include: health, wealth, happiness, leadership, entrepreneurial, career, spiritual, relationships, emotional and many more. *The Personal Success Handbook* gives the reader the techniques, methodologies, tips, ideas, inspiration and practical guidance needed for success. You will find self diagnostic questions alongside practical answers in this no nonsense guide.

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About the Author

Curly Martin is the founder of Achievement Specialists Limited. She is a bestselling author, a sought-after international speaker and a pioneer of life coaching in Europe. She intuitively combines accepted methodology with cutting edge innovations, to create exciting, entertaining and effective approaches to individual and business growth potential. She held senior management positions within global corporations and has over 20 years experience in training, consulting and coaching.

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