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# The Jean Nidetch Story: An Autobiography

*By Jean Nidetch*



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## The Jean Nidetch Story: An Autobiography By Jean Nidetch

Readers everywhere will be inspired by the remarkable journey of Weight Watchers founder, Jean Nidetch. In her new book, *The Jean Nidetch Story: An Autobiography*, Jean chronicles her transformation from a Queens, New York, housewife to a healthy-living icon. Read about her personal struggles, rags-to-riches rise, and sunny, can-do attitude. The book includes a foreword by the poet Maya Angelou and an introduction by Weight Watchers president and CEO David Kirchhoff.



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## **The Jean Nidetch Story: An Autobiography** By Jean Nidetch Bibliography

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The feeling that you get from The Jean Nidetch Story: An Autobiography is the more deep you looking the information that hide inside the words the more you get interested in reading it. It doesn't mean that this book is hard to comprehend but The Jean Nidetch Story: An Autobiography giving you excitement feeling of reading. The writer conveys their point in a number of way that can be understood by anyone who read the item because the author of this book is well-known enough. That book also makes your own personal vocabulary increase well. Therefore it is easy to understand then can go along, both in printed or e-book style are available. We highly recommend you for having this particular The Jean Nidetch Story: An Autobiography instantly.

##### **Aracely Schneider:**

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